

# Spokane Buddhist Temple

**Volume 56, 2010 - Issue 9**  
This newsletter is published monthly by the  
Spokane Buddhist Temple  
927 S Perry Street  
Spokane, WA 99202  
509 534-7954



Everyone is welcome to attend all activities and services. Visit us online at:  
[www.spokanebuddhisttemple.org](http://www.spokanebuddhisttemple.org)  
email: [spokanebuddhisttemple@gmail.com](mailto:spokanebuddhisttemple@gmail.com)

## Calendar of Events

September 2010

- |         |          |   |
|---------|----------|---|
| Sept 5  | Sunday   | Temple Closed   |
| Sept 11 | Saturday | Dinner & Movie—see following article  |
| Sept 12 | Sunday   | <b>10:30 am Sangha Service</b> Doshi: Christine Marr<br>❖MC: Robert Gilles ❖Greeter: Mari Haworth<br>❖Kansho: Johnny Sarensen ❖Short Meditation: Johnny Sarensen<br>❖Dharma Talk: Kosuke Imamura ❖Flowers/Rice: Celeste Sterrett<br>❖Snack: Chris & Sally Keeling ❖Dharma School: Ellicia Milne<br><b>***Service to be followed by an Informal Dharma Discussion Group based on a DVD.</b> We will watch "India: Footprint of the Buddha". This covers Buddhism in India and Sri Lanka,. Followed by a discussion.  |
| Sept 19 | Sunday   | <b>10:30 am Sangha Service—O-Higan</b><br>❖Doshi: Jefferson Workman ❖MC: Martena Peterson<br>❖Greeter: Chris Keeling ❖Kansho: Johnny Sarensen<br>❖Short Meditation: Karen Vielle ❖Dharma School: tba<br>❖Dharma Talk: <b>Rev. Jim Warrick</b> (See page 4)<br>❖Flowers/Rice: Shirley & Jim Bennett<br>Service followed by a <b>** POTLUCK **</b>  |
| Sept 26 | Sunday   | <b>10:30 am Sangha Service — Shotsuki-Hoyo</b><br>❖Doshi: Christine Marr<br>❖MC: Ellicia Milne ❖Greeter: Karen Vielle<br>❖Kansho: Robert Gilles ❖Short Meditation: Don Bridgeford<br>❖Flowers/Rice: Janet Tamura ❖Dharma Talk: Christine Marr<br>❖Snack: Robert Gilles ❖Dharma School: Barb Braden<br><b>***Service to be followed by our an Informal Dharma Discussion Group based on a DVD.</b> We will watch "Japan: Land of the Disappearing Buddha". This one covers Buddhism in Japan and Japanese culture including quite a bit on Jodo Shinshu. Followed by a discussion. |
| Sept 28 | Tuesday  | <b>Beginner's Passage Meditation - 1st of 5-week session</b><br>See the last page   |

Please Note: If you cannot, for any reason, come to do the task you volunteered for, please call Mari at least 24 hrs in advance (443-2319).

To contribute to the Spokane Buddhist Temple newsletter,  
Email content to [Quilt4mari@yahoo.com](mailto:Quilt4mari@yahoo.com)—Deadline is the **Thursday** before the last Sunday of each month

Voice of the Sangha



# Spokane Buddhist Temple

2010

VOLUME 56 ISSUE 9

## Announcements



**Sangha Services—**  
Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a

traditional Jodo Shinshu service with chanting led by a Doshi. We meet after service for refreshments and sometimes a dharma discussion.

\*\*\*\*\*

**Passage Meditation—*See Last Page on Beginner's Passage Meditation Courses In Sept.***

Satsang group is meeting regularly on Tuesdays at 6pm. We are focusing on Sri Easwaran's form of passage meditation and his 8-Point program for daily living. This form of meditation fits very well with our Buddhist as well as any spiritual path. Passage meditation was designed specifically for the Western monkey mind. It is a very disciplined approach to slowing down and focusing. It is difficult but very rewarding! For more information please call Mary: 328-3829. Sometimes we have to

postpone a meeting so please call before attending.

\*\*\*\*\*

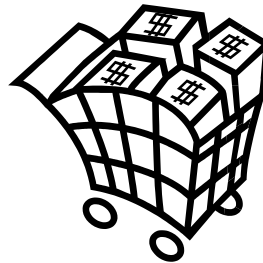
**Vipassana Meditation Sitting—**  
Thursdays 5:30-6:30 pm. Led by Mary Webster - a trained Vipassana meditation teacher leads the sessions. Come and see for yourself how meditation can smooth out the wrinkles of our chaotic lives and add depth to your practice.

\*\*\*\*\*

Welcome new member  
Deborah LaPoint

\*\*\*\*\*

See the new temple  
fundraiser called  
eScrip on Page 4.



### Spokane Buddhist Temple Team

-Supervising Minister  
Rev. Don Castro  
Seattle Betsuin

-Minister Assistants-  
Paul Vielle  
Jefferson Workman  
Christine Marr

### Board of Directors

-President-  
Jun Yugawa

-Vice President-  
Martena Peterson

-Recording Secretary-  
Jen Johnston

-Treasurer-  
Ellicia Milne

Auditor-Jim Bennett

### Board Members

Celeste Sterrett  
Kosuke Imamura  
Barb Braden  
Jen Johnston  
Rachel Scrudder  
Jim Bennett

### Board Advisor

Jefferson  
Workman

### Newsletter Editor

Mari Haworth

## Happenings Elsewhere

**Sravasti Abbey** in Newport—Sharing the Dharma Day—Sept 19th. Consecration of the Retreat Cabin & continuing dharma discussion "Speaking of the Faults of Others". See [www.sravastiabbey.org](http://www.sravastiabbey.org).

Wednesday Sept 15th - "Friends of Compassion" are meeting at 7 pm at Spokane Falls Community College, SUB Lounges A-B. They are the Rotary 21 sponsored group working to bring the Dalai Lama to Spokane in 2012. [www.friendsofcompassion.com](http://www.friendsofcompassion.com)

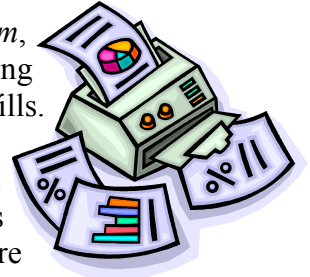
White River Buddhist Temple in Auburn will be hosting a September Seminar with **Reverend Mark Unno** on Saturday, September 11, "Confusion As Enlightenment: Awakening To The Vow". The registration form and more information is available from [wrlink4goldenchain@comcast.net](mailto:wrlink4goldenchain@comcast.net). 9:30—3:30 \$20 (lunch included) BCA members \$10. Also on September 25th—seminar with **Rev. Harry Bridges** entitled "Buddhism & Music". [www.whiteriverbuddhistmpl.org](http://www.whiteriverbuddhistmpl.org)



## ***.The Green Corner - by Karen Vielle***

In July, the temple had another successful rummage sale. A big thank you to all of the “eco-sangha” folks who dug up items to donate, bought something used instead of new, or helped out with the sale. We definitely couldn’t have done it without Aiko’s rummage sale skills. Now, Aiko is introducing a new way for you to recycle and give back to the temple. She will be bringing in a container for people to recycle their spent printer ink cartridges. Look for it downstairs near the other recycling and composting containers.

I did a quick Google search on recycling ink cartridges and found this on *ehow.com*, “One-third of businesses nationwide use remanufactured printer cartridges. Recycling your laser and ink jet printer cartridges will reduce the amount of plastic put into landfills. Most cartridges can be recycled up to six times and are guaranteed by most manufacturers to work as well as brand-new ones.” When our container fills up we can take it in to Office Depot and receive store credit (\$3.00 on qualifying brands). This can help the temple purchase office supplies, dharma school supplies, etc. If you are tossing your used printer or toner cartridges into the garbage, you could be missing out on another way to help the environment while helping the temple. So watch for the temple’s newest recycling container the next time your printer says “low on ink”.



### **Shotsuki Hoyo Donations Received in August**

From Kazuko Kirihara in memory of Tom Kirihara; from Taxi Oba & Janet Tamura in memory of Leo Kiyohiro; from Paul Vielle in memory of John Francis Munigham; from Christine Marr in memory of Bob Wheeler

#### **Dues Received in August**

Chris and Saloshni Keeling  
Paul & Karen Vielle  
Elwyn & Deborah LaPoint  
Kris Byrum  
Johnny Sarensen  
Toshie Kawahara  
Jenifer Johnston  
Mari Haworth  
Mary Naber  
Robert and Patricia Brost-Simonet  
Tina Rodeen  
Hyacinth Dezenobia  
The Milne Family

#### **Dana Received in August**

Anonymous  
The Tuesday Night Meditation Group  
Celeste Sterrett  
Mary Naber  
Tom & Christine Anderson-Barada  
John Cheek  
Johnny Sarensen  
Gavin & Linda Sakai  
Elwyn & Deborah LaPoint  
Chris & Saloshni Keeling  
Paul & Karen Vielle  
Jim & Shirley Bennett

#### ***Shotsuki-Hoyo***

The September Shotsuki-Hoyo remembrance service will be held on Sunday, Sept. 26th. According to temple records and other sources, a total of 8 people passed away during the month of September. They are:

Dat Nguyen  
George Nomura  
Harry Uchida  
Harry Yamauchi  
Hazel Sanders  
Kenji Sugiyama  
(Mrs) Mary Sueko ‘Sue’ Shimizu  
Kengo Yorioka

***Thank You everyone for keeping up with Membership Dues and for everyone’s monthly generous support to the temple!***

#### **Go Green! Newsletter Online & Email Subscription!**

Reduce waste & help the temple save on postage by reading the newsletter online:

<http://www.spokanebuddhisttemple.org/newsletters.php>. Also, you’ll see the newsletter earlier and it’s in color. An *Email subscription is available!* Please contact the temple at (509) 534-7954 or email [sbtnewsletter@gmail.com](mailto:sbtnewsletter@gmail.com) to have your subscription status changed.



## SANGHA DINNER & A MOVIE

Presents – **“Second Hand Lions”**

A Private Showing at the Shop—across from the Temple

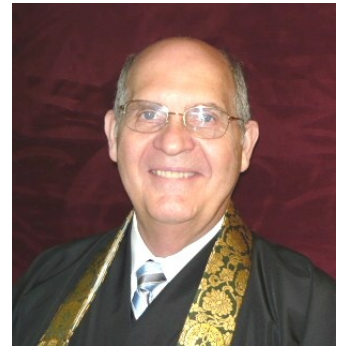
Plus dinner cooked by Jun Yugawa & Friends

**Saturday – Sept 11, 2010**—6 pm Dinner at the Temple—8 pm  
Movie outside on the wall of the Drug Store

Bring your appetite, a chair, a coat or blanket, and a sense of humor.  
Figure out who is the “second hand lion”.

For 14-year-old Walter (Haley Joel Osment), his great uncles’ farm in rural Texas is the last place on earth he wants to spend the summer. Dumped off by his mother, Walter is left with the eccentric Hub (Michael Caine) and Garth McCaan (Robert Duvall), who are rumored to have a hidden fortune.

*Sept 19th – Reverend Jim Warrick  
From the Seattle Betsuin  
Will give the Dharma Talk  
at the 10:30 O-Higan Service*



O-higan services are held during the Spring and Fall equinoxes, when the days and nights are of equal length, and it is neither too hot nor too cold. It is a time when we are encouraged to strive even more energetically along the Buddhist path and strive to become enlightened.

**“The day of Ohigan, What A Fine Time To Plant Seeds of enlightenment . . . “**

**Your Ohigan donations are greatly appreciated!!**

**Service to be followed by a POTLUCK**



### \*\*\*\*\* EASY TEMPLE FUNDRAISER – eSCRIP \*\*\*\*\*

Earn money for the temple by shopping at Safeway or Yokes – there is no extra charge to you. These stores contribute a percentage of your shopping money to your favorite charity. Simply register with eScrip, present your Safeway Club Card or Yokes Community Card (like you always do) every time you shop and our temple benefits. There’s nothing more to do.

**SIGN UP TODAY** (All information is required to register) **\*\*Print Clearly\*\***

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email address \_\_\_\_\_

Safeway Card #: \_\_\_\_\_ Yokes Card #: \_\_\_\_\_

If you shop at Yokes, simply request a Community Card next time you shop. Lost your Safeway Card? Request a replacement Card at the customer service booth at the store. Return this form at the temple or email info to [ChristineMarr@gmail.com](mailto:ChristineMarr@gmail.com). We will register you! Or go to [www.escrip.com](http://www.escrip.com) to register online.

Our group name is **Spokane Buddhist Temple ID# 900884868.**

**THANK YOU FOR YOUR SUPPORT!**



Temple member Barb Braden's home was destroyed in a fire last October. Workmen completed the restoration last spring. In August, we commemorated Barb's and her son's triumphant return in a brief 'House Dedication' ceremony, led by MA Paul Vielle.



Lunch with Rev. Sasaki and Kosuke painting the basement.



**Welcome Back Kosuke!!!!**



There was a *Makura-gyo* at Hennessey Funeral Home on Aug 5 for **Leo Yukio Kiyohiro**, a long time member of our Sangha, who passed on August 3, 2010 in Spokane. It was a quiet affair with his wife Yuriko, just a few neighbors and long time friends. Leo was born in Portland, Oregon on March 25th, 1914 to Junichi and Tomo Kiyohiro. Leo spent most of his youth in Japan and returned to Oregon for college. He graduated, with honors, from Oregon State University with a Masters in Pharmacy, and opened his first drug store in Portland, Oregon but was forced to leave at the beginning of WWII. The Kiyohiros chose Spokane as their new home after the war and purchased the Columbia Pharmacy at W 401 Main Ave where he would remain for the next 36 years, retiring in 1988. Leo is survived by his dear wife of 65 years, Yuriko. In lieu of flowers or

gifts it is requested that donations be made to your charity of choice in Leo's name.

## **Kudos Korner**

Congrats **Patricia Simonet**, who had a park named after her at the end of August. She worked hard to have a public place for dogs to play off-leash and it was dedicated on August 27. It's called the **Patricia Simonet Laughing Dog Park** off I-90.

Thanks to **Rachel Scudder**, we have a revamped website—check out the new “NEWS” section which tells all that's happening at your Sangha. Also, kudos to all those who did such a great job on painting the basement of the temple over break, especially to **Celeste and Dan Sterrett** for spearheading this project. We can't forget our president, **Jun Yugawa**, cook extraordinaire, for cooking at the dinner for Rev. Himaka and at the Sangha picnic. Thanks to **Jim & Shirley Bennett** for coordinating the Sangha Picnic. We'd probably starve to death without him. Huge kudos go out to the **Milne Family** who do so much, often behind the scenes, to keep your temple going, including taking care of the lawn. Thanks to **Jim Bennett and Robert Gilles** for another fun Opera Night.



**Spokane Buddhist Temple**  
927 S Perry  
Spokane, WA 99202-3462

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# THERE'S A CONVENTION IN YOUR FUTURE

**FEB 17-19, 2012 – 65<sup>TH</sup> ANNUAL NORTHWEST BUDDHIST CONVENTION**

**SPONSORED BY THE SPOKANE BUDDHIST TEMPLE HELD AT THE DAVENPORT HOTEL**

# BUT FIRST PLAN TO ATTEND ANOTHER

**FEB 11-13, 2011 – 64<sup>TH</sup> ANNUAL NORTHWEST BUDDHIST CONVENTION, SPONSORED BY THE TACOMA BUDDHIST TEMPLE HELD AT THE DOUBLE TREE GUEST SUITES, TUKWILA ,WA. See [WW.TACOMABT.ORG](http://WW.TACOMABT.ORG)**



## **Beginner's Passage Meditation Introductory Workshop At the Spokane Buddhist Temple**

We will be holding an introductory workshop introducing Sri Easwaran's form of Passage Meditation, specifically designed for the Western monkey mind.

**5-week session Tuesdays - 6 pm - 7:30 pm**

**Tuesdays—September 28th thru October 26th**

The format will be video instruction and discussion followed by 1/2 hour of meditation. For more information: <http://www.easwaran.org>. Sri Easwaran's book "Passage Meditation" is available at local bookstores (Aunties) and through the internet at [Easwaran.org](http://Easwaran.org). There will be no fee but donation to the Temple is suggested. For more information call: Mary at 328-3829

*"Imagine a hot tub for the mind. That is what meditation is; it can bathe your mind in relaxing thoughts."*

Temple Weekly Chat—Receive weekly email reminders - email your request to: [spobuddhistchat@gmail.com](mailto:spobuddhistchat@gmail.com)

VISIT OUR FACEBOOK PAGE: [www.facebook.com/pages/Spokane-WA/Spokane-Buddhist-Temple/116164823034?ref=sgm](http://www.facebook.com/pages/Spokane-WA/Spokane-Buddhist-Temple/116164823034?ref=sgm)