

Spokane Buddhist Temple

Volume 56, 2010 - Issue 2

This newsletter is published monthly by the
Spokane Buddhist Temple
927 S Perry Street
Spokane, WA 99202
509 534-7954



Everyone is welcome to attend all
activities and services. Visit us online at:
www.spokanebuddhisttemple.org
email: spokanebuddhisttemple@gmail.com

Voice of the Sangha

Calendar of Events

February 2010

| | | |
|--------|--------|---|
| Feb 7 | Sunday | 10:30 am Sangha Service ❖MC: Bob Gilles❖Greeter: Tom Anderson ❖Kansho: Hyacinth Dezenobia ❖Short Meditation: Jefferson Workman ❖Dharma Talk: Steve Becker ❖Flowers/Rice: Karen Vielle ❖Snack: Tom Anderson & Christine Barada ❖Dharma School: Ellicia Milne |
| Feb 14 | Sunday | 10:30 am Sangha Service ❖MC: Rachel Scudder❖Greeter: tba ❖Kansho: Rachel Scudder ❖Short Meditation: Ellicia Milne ❖Dharma Talk: Kosuke Imamura ❖Flowers/Rice: Barb Braden ❖Snack: Eileen Tanaka ❖Dharma School: Barb Braden |
| Feb 21 | Sunday | 10:30 am Shotsuki-Hoyo Service ❖MC: Martena Peterson❖Greeter: Christine Barada ❖Kansho: Todd Milne ❖Short Meditation: Hyacinth Dezenobia ❖Dharma Talk: Paul Vielle ❖Flowers/Rice: tba ❖Snack: Eileen Tanaka ❖Dharma School: Ellicia Milne |
| Feb 21 | Sunday | 6:30 pm Sunday Sangha Cinema Presents "Departures" A Private Showing at the Magic Lantern Theatre |
| Feb 28 | Sunday | 10:30 am 750th Memorial Service ❖MC: Celeste Sterrett❖Greeter: Mari Haworth ❖Kansho: Rachel Scudder ❖Short Meditation: Ellicia Milne ❖Dharma Talk: Hyacinth Dezenobia ❖Flowers/Rice: Janet I ❖Snack: Mari Haworth ❖Dharma School: Barb Braden |



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2010

VOLUME 56 ISSUE 2

Announcements

February Sangha Services— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. We meet after service for refreshments and discussion.



MARK YOUR CALENDARS!!! -

JAPAN WEEK AND HANA-MATSURI - APRIL 24 – 25. Our guest Reverend for this event is Rinban Bob Oshita from Sacramento, CA. Rev Oshita will present an evening talk on Sat, the 24th and then our Hanamatsuri service on Sunday.



Spokane Buddhist Temple Weekly Chat -

The Temple is starting a weekly email "chat" list. Are you interested in receiving weekly reminders of what is happening at the temple? They would include any special upcoming events; they may include the subject of this week's Dharma Talk; or might include a note from our assistant ministers. If you are interested, please sign up at the December services or email Mari saying you want to be added to the new Temple Chat Email List. (NOTE: We will not share your email with any other people or organization.)

Gassho,
Mari Haworth
spobuddhisttemplechat@gmail.com

Passage Meditation -

Satsang group meets regularly on Tuesdays from 6-7:30 pm. We focus on Sri Easwaran's form of Passage Meditation and his 8-Point Program for Daily Living. Format consists of discussion, reading or watching an Easwaran video followed by a ½ hour meditation. This form of meditation fits very well with any spiritual path. We suggest that interested people read Sri Easwaran's book: Passage Meditation, then practice meditating for a month before joining our group.

For more information please check out: <http://easwaran.org> or call Mary: 328-3829

Vipassana Meditation Sitting-

Thursdays 5:30-6:30 pm. Led by Mary Webster - a trained Vipassana meditation teacher leads the sessions. Come and see for yourself how meditation can smooth out the wrinkles of our chaotic lives and add depth to your practice.

Music Notes-

We're looking for someone who'd like to participate musically in the Sunday services. While Todd Milne is outstanding on shakuhachi, we have many gathas we could sing during services if we had an accompanist on either the piano or the organ. If you like to sing, we need someone to lead the sangha in gathas. Or better yet, we'd love to have a real Music Director.

This would be a volunteer position, albeit a much needed one.

If you'd like to explore any of these options, please contact the temple by phone or email, or Martena Peterson at 994-4231.



Spokane Buddhist Temple Team

-Supervising Minister-
Rev. Don Castro
Seattle Betsuin

-Minister Assistants-
Paul Vielle
Christine Marr

Board of Directors

-President-
Jun Yugawa

-Vice President-
Martena Peterson

-Recording Secretary-
Jen Johnston

-Treasurer-
Ellicia Milne

Auditor-Fumi Uyeji

Board Members

Celeste Sterrett
Kosuke Imamura
Barb Braden
Jen Johnston

Board Advisor

Jefferson Workman

Newsletter Editor

Todd Milne

From Jun Yugawa
Spokane Buddhist Temple Board President

To My Fellow Sanga Members,

I write this with a heavy heart as I cannot help but think about Haiti and all the problems they are facing after the earthquakes. All of our problems here seem so small when we think of them; I hope we can all send some help in whatever way possible. Thank You.

Now I must address some of our concerns for the temple. One, last year we ran a deficit of approximately \$6,000.00:

1. Our railings and decks were repaired and repainted.
2. We had plumbing and electrical issues that had to be taken care of.
3. Our donations and fundraisers did not bring in enough money. Those are all of the major issues. If you need more details come to our board meetings to find out more, they are usually the 2nd Wednesday of each month at 6:00 PM.

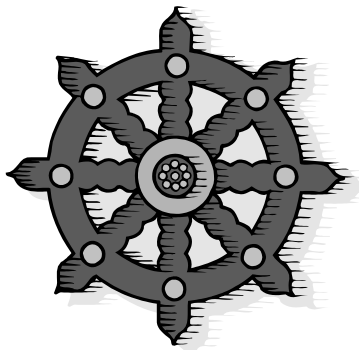
For the future- we have to think positive. In 2012 Spokane is going to host the BCA NW District Convention. If you went to the last one held here in 2004, you know how much fun and excitement it was. If you would like to help form or be on a committee for this upcoming event please let us know.

I am also asking for help in planning and participating in this years fundraisers. We need your ideas and help again. I am hopeful that you will all come through.

Dharma School News

We had a great start of the year in our Dharma School with a few new and some returning students attending each Sunday. Each Sunday we have started with some stretching, breathing and short meditations, leading into some excellent discussion, and/or question and answer times about the meditation or our teaching theme for the year, "Learning the Four Noble Truths, we Practice the Eight Fold Path". Our on-going arts and craft projects on our theme will start popping up along the walls in our dharma school area or brought home to share with our families as the year progresses. Thank You to all our Sanga parents for bringing your children-it is an honor to share the dharma with them and to continue learning each year how best to make connections realized to our Buddha nature together. It is my hopes that we have some occasional after service or Saturday Dharma School family activities started this year. Please visit us in the dharma school area after the services if you would be interested in scheduling and planning some potlucks, game nights, or something you would like to do with other families from our growing temple.

Sincerely,
Ellicia Milne,
Spokane Buddhist Temple Dharma School Supervisor



COMING TO THE TEMPLE:

Rev. Mark Unno

March 27th & 28th



Saturday March 27
Workshop
10 am – 4 pm - \$20

Sunday March 28 Dharma Talk

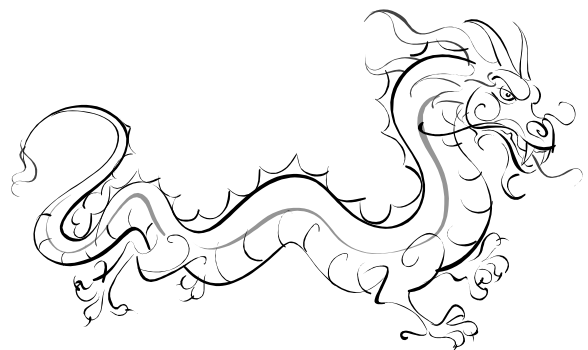
The workshop is entitled
***"The Crooked Path of Life:
Buddhist Wisdom for
Difficult Times"***

We often have a clear and straight progression through life that includes schooling, relationships, career, and family. However, many of us find that things don't always work out exactly according to plan, and we find ourselves sidetracked from our original plans. In Buddhism, however, we often find that what had seemed a tangent or obstacle can become a source of wisdom and compassion. Thus, we may find the deepest significance in the crooked path of life.

Rev. Unno is Associate Professor of Japanese Buddhism in Dept of Religious Studies at the University of Oregon.
<http://www.uoregon.edu/~munno/>

VIETNAMESE NEW YEAR

A good friend of the Temple, Toi Mulligan, has invited us to attend the Vietnamese New Year's Celebration at the International Sangha Bhikku Buddhist association on Feb 14th. There will be activities Saturday Evening beginning at 8pm and all day long on Sunday beginning at 5am with chanting. Dharma services begin Sunday at 10am along with a lion dance. Lunch will be served at noon with entertainment to follow in the afternoon. This will be very interesting and a neat way to support another Buddhist organization. The Vietnamese Buddhist church is at N 5025 Regal St. Please call Toi at the Gilded Lily Florist with any questions and so that they may get a head count for lunch.



Entangling Vine Retreat

February 25-28, 2010, with Jack Duffy Roshi
Sponsored by Zen Center of Spokane

Jack Duffy, a dharma heir of Robert Aitken Roshi, is the guiding teacher of Zen Center of Spokane. This retreat in the Zen Buddhist tradition will include zazen (sitting meditation), kinhin (walking meditation), dokusan (private interviews) and teishos (talks by the teacher.) Beginning students are welcome. The retreat will be held at Kairos House of Prayer, about 30 minutes north of downtown Spokane.

Full Retreat - \$180

***7:00 PM Thursday through 2:00 PM Sunday; includes meals & lodging,
beginning with an informal supper Thursday at 6:00 pm.***

Weekend Option - \$110

7:00 PM Friday through 2:00 PM Sunday; includes supper Friday, meals & lodging.

Saturday Only - \$55

Saturday 10:00 AM to 6:00 PM; includes lunch.

*Partial scholarship assistance is available for participants with financial need. Please indicate if you need scholarship assistance on your registration form. For more information call (509) 534-0414 or email: jmartin2641@comcast.net
Visit us at: www.zencenterspokane.org or www.three-treasures-sangha.org.*

***Checks may be made out to: Zen Center of Spokane
Registration deadline is February 15. Mail registrations to:
John Martin, 2641 E. 35th Ave., Spokane, WA 99223***

Registration Form

Name _____ Phone # _____
Address _____ e-mail: _____

_____ Full Retreat _____ Weekend _____ Saturday Only

A minimum deposit of half the fee is required, refundable through February 15.

Amount Enclosed: _____

*Please consider making an additional donation to support scholarship students, if you are able.
Scholarship amount enclosed, if any: _____ (thank you!)*

_____ I will bring my own sitting cushion or bench and mat. (Please bring your own if possible.)

_____ I will need a sitting cushion and mat (zafu and zabuton.)

_____ I prefer to sit in a chair.

I will arrive by (time) _____, (day) _____.

Note any dietary restrictions or other special needs:

If you have not attended a retreat with Zen Center of Spokane before, please briefly describe any previous meditation experience:



The Green Corner - by Karen Vielle

When it comes to “going green”, humans aren’t the only game in town. Consider how many products and services we buy for our beloved pets. This one is for all you pet lovers out there.

The following are from Dog Fancy magazine, December 2007 edition; the article is entitled, “Go Green – 7 ways to be an earth-friendly dog owner”.

1. Clear the air: Use baking soda to clean up accidents on the carpet and non-chemical air deodorizers.
2. Leave your shoes at the front door: You don’t want to track pesticides and such onto the floors that could be licked up by your dog. That’s a good one because for some reason my Scottie loves the texture of licking the carpet.
3. Consider an organic, cotton dog collar: The production of nylon emits chemicals that can contribute to global warming.
4. Go vegetarian-part time (check with your vet first): Since it takes less energy to grow plants than animals for food, if every dog in the U.S. ate vegetarian one day per month it would save the equivalent of 190 million gallons of gasoline.
5. Choose recycled toys: Look for new toys made from recycled rubber, soda bottles, etc.
6. Cut down on paper towels: Use washable rags to clean up pet messes rather than paper towels, or at least use recycled paper towels.
7. Buy bedding with recycled fibers: Think it doesn’t make that big of a difference? If 5 percent of dog owners did this, the fibers saved would fill 400 garbage trucks..

Now, Fiddo and Fluffy can do their part too.



Dana Received in January

Mary Webster and the
Spokane Vipassana Meditation Group
Tuesday Evening Meditation Group
Dan & Ann Parker
Kam & Fumi Uyeji
Jenifer Johnston
Paul & Karen Vielle
Marcelline Burdett
Richard Terao
James Boyd & Gwen Keyt
Jim & Shirley Bennett
Julie Hauck
Helen Hart
Chris Keeling
Celeste Sterrett
Toi Mulligan
and All the Anonymous Ones!

Ho-Onko Dana
received in January from:
Janet Tamura and Kam & Fumi Uyeji

Joya-E dana
received in January from:
Paul & Karen Vielle

Thank You All! We are very grateful
for all donations each month; the
temple cannot maintain operations
on Membership dues alone!

Dues Received in January

Kam & Fumi Uyeji
Barbara Braden
Jenifer Johnston
Jefferson Workman
Paul & Karen Vielle
Rachel Scudder
Tom Anderson
Todd & Ellicia Milne
Mary Naber
Martena Peterson
Mari Haworth
Paul Harrison
Midori Gow

Welcome New Members
Chris & Sally Keeling and Family, we
look forward to getting to know you!

Income/Expense Sangha Summary:

Total Dues
Received in January: \$910.00
Total Donations and Offerings
Received in January: \$963.00

**Total Operating Expenses for
Temple in January: \$2,904.98**

Note: for a full January Treasurers Report
see Temple Treasurer, Ellicia Milne after
services or join us at our Board meeting
February 10th at 6PM.

Shotsuki-Hoyo

The February Shotsuki-Hoyo remembrance
service will be held on Sunday, February 21.
According to temple records and other sources,
a total of 10 people passed away during the
month of February. They are:

Hazuo Horita
Mary Ikebe
Tsutaе Muraoka
Nobuichi Nitta
Ed Parker
Ito Tanaka
Evelyne Vielle
Masao "Mas" Wada
Midori Yamasaki
Chiyeko Yamauchi

January Memorials

In Memory of Mike Higashi
from Janet Tamura

In Memory of Grover Twiner
from Martena Peterson

In Memory of Sakae Wakayama
from Mrs. Midori Gow and
from Ed & Andrea Gow

Spokane Buddhist Temple
927 S Perry
Spokane, WA 99202-3462

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SUNDAY SANGHA CINEMA

Presents “Departures”

A Private Showing at the Magic Lantern Theatre
25 W. Main, Spokane
Sunday - February 21, 2010
6:30 pm - \$7 *Prepaid*

Only 40 Seats

To check for reservation/seat availability contact Jefferson Workman (sleepystupidbuddha@comcast.net)

Join us for a private viewing of the movie “Departures”, based on the novel “Coffinman”. It was an Academy Award Winner: Best Foreign Language Film (it has English subtitles). It is a deeply moving film exploring the experiences of an unemployed cello player, who takes a job as an apprentice “*nokanjū*” (a person who prepares corpses for burial).

“The music is lush . . . the cinematography is perfectly framed and evocative, and the movie is uncommonly absorbing”. **Roger Ebert, Chicago Sun-Times**

“I regard Departures as the most moving film I have ever seen commemorating the bonds between the living and the dead.” - **Andrew Sarris, New York Observer**

<http://www.departures-themovie.com>

To contribute to the Spokane Buddhist Temple newsletter,
Email content to Todd@HealingPeacefulMusic.com
Deadline is the Saturday before the last Sunday of each month