

Spokane Buddhist Temple

Volume 57, 2010 - Issue 4

This newsletter is published monthly by the
Spokane Buddhist Temple
927 S Perry Street
Spokane, WA 99202
509 534-7954



Everyone is welcome to attend all
activities and services. Visit us online at:
www.spokanebuddhisttemple.org
email: spokanebuddhisttemple@gmail.com

Voice of the Sangha

Calendar of Events

April 2010

- | | | |
|----------|----------|---|
| April 4 | Sunday | 10:30 am Sangha Service
❖MC: Martena Peterson ❖Greeter: Tom Anderson
❖Kansho: tbd ❖Short Meditation: Pat Omine
❖Dharma Talk: Jeremy Phillips ❖Flowers/Rice: tbd
❖Snack: Karen Vielle & Jason Crowley
❖Dharma School: Ellicia Milne—Children's Garden: Seeds |
| April 11 | Sunday | 10:30 am Sangha Service—Shotsuki-Hoyo
❖MC: Martena Peterson ❖Greeter: Christine Barada
❖Kansho: Rachel Scrudder ❖Short Meditation: Marten Peterson
❖Dharma Talk: Geshe Phelgye ❖Flowers/Rice: tbd
❖Snack: Mari Haworth School: Ellicia Milne:
Children's Garden—Broken pots Story
****SEE THE ARTICLE ABOUT GESHE PHELGYE**** |
| April 18 | Sunday | No Service—SPRING BAZAAR— 11 AM—2 PM
Chicken Teriyaki Lunch, Senbei, Inari & other baked goods
Take Out Only |
| April 24 | Saturday | 7 PM Lecture by Rev. Oshita (Free as part of Japan Week)
<i>"Buddhism & Jodo Shinshu for Dummies"</i>
****SEE THE ARTICLE ABOUT REV. OSHITA*** |
| April 25 | Sunday | 10:30 am Hanamatsuri Service with Rev. Oshita
❖MC: Jefferson Workman ❖Greeter: Mari Haworth
❖Kansho: Jim Bennett ❖Short Meditation: Shirley Bennett
❖Dharma Talk: Rev. Oshita ❖Flowers/Rice: Celeste Sterrett
❖Snack: Chris & Sally Keeling ❖Dharma School: Jeremy Phillips |

VISIT OUR FACEBOOK PAGE:

www.facebook.com/pages/Spokane-WA/Spokane-Buddhist-Temple/116164823034?ref=sgm

To contribute to the Spokane Buddhist Temple newsletter,
Email content to Quilt4mari@yahoo.com—Deadline is the **Thursday** before the last Sunday of each month



Spokane Buddhist Temple

2010

VOLUME 57 ISSUE 4

Announcements



Sangha Services— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. We meet after service for refreshments and discussion.

Temple Weekly Chat -

Are you interested in receiving weekly emails reminding you of what is happening at the temple? If so, please sign up at the temple or email: spobuddhistchat@gmail.com

Passage Meditation -

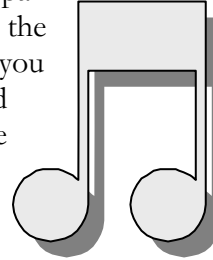
Satsang group meets on Tuesdays from 6-7:30 pm at the temple. We focus on Sri Easwaran's form of Passage Meditation and his 8-Point Program for Daily Living. With discussion, reading or watching an Easwaran video followed by a 1/2 hour meditation. This form of meditation fits very well with any spiritual path. We suggest that interested people read Sri Easwaran's book: Passage Meditation, then practice meditating for a month before joining our group. For more info: <http://easwaran.org> or call Mary: 328-3829 **PLEASE NOTE NO 3/30 AND 4/6 Meeting.**

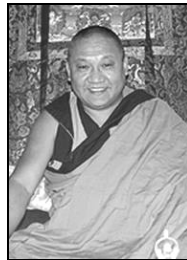
Vipassana Meditation Sitting-

Thursdays 5:30-6:30 pm. Led by Mary Webster - a trained Vipassana meditation teacher leads the sessions. Come and see for yourself how meditation can smooth out the wrinkles of our chaotic lives and add depth to your practice.

Music Notes: We are still looking for someone to participate musically in the Sunday Services. If you like to sing, we need someone to lead the Sangha in gathas.

Or play piano?
Contact Martena Peterson at 994-4231.





Special Guest Coming on April 11th to our Temple:

Venerable Geshe Thupten Phelgye, a Buddhist monk in the Gelugpa tradition of His Holiness the Dalai Lama is visiting Spokane and will be **giving the Dharma Talk on April 11th.** He has been working with the Sulha Peace project in the Middle East for the last six-years as the Tibetan Buddhist Ambassador under the guidance of His Holiness the Dalai Lama.

Spokane Buddhist Temple Team

-Supervising Minister
Rev. Don Castro
Seattle Betsuin

-Minister Assistants-
Christine Marr
Paul Vielle
Jefferson Workman

Board of Directors

-President-
Jun Yugawa

-Vice President-
Martena Peterson

-Recording Secretary-
Jen Johnston

-Treasurer-
Ellicia Milne

Auditor-Fumi Uyeji

Board Members

Celeste Sterrett
Kosuke Imamura
Barb Braden
Jen Johnston
Rachel Scrudder
Jim Bennett

Board Advisor

Jefferson
Workman

Newsletter Editor

Mari Haworth

Happenings Elsewhere:

Sravasti Abbey in Newport has monthly readings from the book *Taming The Mind* by Venerable Thubten Chodron.

Website: <http://www.sravastiabbey.org>

Submitted by: Spokane Dharma Friends (509) 228-3252

Seattle Betsuin: 4/10 Spring English Seminar: Confidence & Clarity: Realizing Shinjin with Richard K. Payne, Ph.D.
\$10 (includes lunch) website: www.seattlebetsuin.com

4/10—Interfaith Blessing Ceremony with Geshe Phelgye and two tribal elders on Vision Mountain near Tum Tum. For questions, contact Lori Lindman at lorilindman@earthlink.net

HERE COMES OUR ANNUAL
SPRING
FOOD
BAZAAR



SUNDAY – APRIL 18
11 AM – 2 PM



CHICKEN TERIYAKI -\$10
SENBEI
(JAPANESE CRACKERS) - \$3.50
SUSHI –
(Only PRE-ORDERS for Sushi)
Inari & Other Baked Goods

CALL 509-534-7954
to Pre-Order
TAKE OUT ONLY

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Reduce waste and help the temple save on postage by reading the newsletter online:
spokanebuddhisttemple.org/newsletters.asp

An *Email subscription is available!* Please contact the temple at (509) 534-7954 or email sbtnewsletter@gmail.com to have your subscription status changed.

LECTURE BY
REVEREND
BOB OSHITA

*"Buddhism &
Jodo Shinshu
for Dummies"*

SAT. – APRIL 24th
7 PM – 8:30 PM

Free as part of
Japan Week



Rev. Bob Oshita is the 36th minister to serve the Sacramento Temple, which was founded in 1899. He has received Tokudo ordination in Kyoto, Japan in 1973 and Kyoshi in 1974, and has taught Jodo-Sinshu Buddhism for over 35 years. Rev. Oshita graduated from U.C. Berkley, attended the Institute for Buddhist Studies, and has studied in Japan and with many teachers from diverse Buddhist traditions. He is highly treasured by his sangha for his energetic style and his compassion.

SUNDAY APRIL 25TH – 10:30 AM
“HANAMATSURI” SERVICE
WITH REV. BOB OSHITA

Hanamatsuri, literally flower festival, is celebrated in April, commemorating the birth of Siddhartha Gautama, who became enlightened and is known as Buddha.

Every year we celebrate our own birthday. For Buddhists, the celebration of our birth is an expression of gratitude. This gratitude grows from an understanding that our birth is the result of many people and that our lives are intertwined with all others. Realizing this we can see that our birth is truly a rare and wonderful gift, and we have an obligation to live out this life in accordance with the teachings of the Buddha. Our birth is like the blossoming of a beautiful flower, and so we celebrate Buddha's birth with the yearly flower festival. Hanamatsuri is a time for us to show our gratitude and rededicate ourselves as we contemplate the importance of the birth of our teacher.

(Excerpt from an article published by the Northwest Ministerial Association, Buddhist Churches of America, Seattle Betsuin: www.seattlebetsuin.com)



The Green Corner - by Karen Vielle

For the next couple of issues we'll continue to explore Leo Babauta's "12 Minimalist ways to reduce your carbon footprint" from <http://mnmlist.com>. Last month we looked at 1 through 3 of the 12. In review they were, eat less, eat less meat, and eat locally. This month we have 4 through 6. **(4-6 of the 12 Minimalist ways to reduce your carbon footprint)**

4. Drive less. *Work from home or telecommute as much as possible. Combine errands to make fewer trips. Move to a place near work and all the things you need. Walk or bike more, or use public transit. It takes time to reduce your driving, but if you're conscious about it, you can make changes a little at a time. Also, you'll get healthier by walking or biking instead of driving.*

5. Travel less. *Airplane flights are a huge contributor to climate change. Travel less by doing teleconferences, taking vacations close to home, and rethinking your travel needs.*

6. Buy less. *Buying a lot of things is wasteful. Each item requires a lot of resources and contributes hugely to climate change. So cut back on how much you buy. See if you can borrow an item, check out a book from a library, make what you have last longer, find innovative ways to 'repurpose' what you already have or make an item yourself, or just do without. Many times you'll realize an item wasn't a necessary purchase and you don't miss it in your life.*

I like all three of these. Plan ahead, get creative, and see how many driving trips you can eliminate in a week. Plan your meals so you only have to go to the grocery or other stores once per week. That also helps with tip #6 "buy less". If you realize something you forgot on your one shopping trip of the week, see if you can do without it until the next time your scheduled to go shopping. Every time we go to a store we tend to buy more things we don't really need. The same thing goes for travel. There's not only the carbon usage from flying or driving, but we also buy things when we travel that we wouldn't buy otherwise. However, when you do have to travel by air, some airlines and travel agencies provide the option to purchase the planting of trees to off-set the carbon footprint from your trip. Stay tuned for next month when I'll have 3 more exciting tips to share.

Dues Received in March

Jenifer Johnston, Chris and Saloshni Keeling, Ellicia & Todd Milne, Paul Harrison, Jefferson Workman, Tom & Christine Anderson, Paul & Karen Vielle, Jeremy Phillips, Colin Fitzgerald, Mari Hawthorn, Tina Rodeen, Pat Omine, Rachel Scudder, Kam & Fumi Uyeji, Robert & Patricia Simonet-Brost, Nobuko T. Kasai, Hyacinth Dezenobia, LeeAnne Sapp

Dana Received in March

A great big thank you to all the anonymous support this month! Tuesday Night Meditation Group, Chris and Saloshni Keeling, Molly Pepper, Jenifer Johnston, The Milne Family, Tom and Christine Anderson, Paul & Karen Vielle, Michelle Bockenmehl, Casey & Kristi Wyatt, Jim & Shirley Bennett, Virginia Saint Louis, Jimmy & Yoshimi Yamamoto, Helen Hart

Shotsuki-Hoyo

The April *Shotsuki-Hoyo* remembrance service will be held on Sunday, 4/11. According to temple records & other sources, 10 people passed away during March. They are:

Koji Hayashi
Takeshi Kan
Akira Katayama
Kazuo "Kaz" Kuwada
Yasumasa Moriya
Chiyono Nakanishi
Minoru Terao
Mary Barna Twiner
Chiyono Yamaguchi
Tomiko Yamamoto

Correction to the newsletter from last month: the correct spelling for Kuhei Tsuchi is Kuhei Tsuchida.

March Sangha Income/Expense

Total Dues Received: \$3,313
Total Operating Expenses: \$3,865

For a full Treasurers Report see Temple Treasurer, Ellicia Milne after services

March Memorials

Dana for OHIGAN From:

Janet Tamura, Kam & Fumi Uyeji, and Herman Sugimura

Shotsuki-Hoyo Dana Received:

In Memory of Mrs. Kana Yamamoto From Marcelline Burdett

In Memory of Midori Yamasaki From Marcelline Burdett

In Memory of Marguerite Peterson From Martena Peterson

In Memory of Wilson Burdett From Kam & Fumi Uyeji and Marcelline Burdett

As a donation in general for Shotsuki Hoyo From Anonymous

Accidentally left out of the February Memorials List:

In Memory of Charles "Chuck" Terade: Jimmy Yamamoto

JAPAN WEEK FESTIVITIES

Spokane's Celebration of Everything Japanese
See www.japanweekspokane.com for the Full Schedule, including maps & phone#s for each activity (Free Unless Stated as "Fee")

Saturday, April 17th 10:00 am - 3:00 pm

OPENING CELEBRATION AT RIVER PARK SQUARE

Traditional Japanese drumming, singing, dancing, painting, calligraphy, bon-sai, koi and martial arts

Sunday, April 18th

11:00 am - 2:00 pm Spring Food Bazaar at Spokane Buddhist Temple

10:30 am - noon Children's Festival at Manito Park

7:00 pm - 9:00 pm Japanese Music on KPBX Radio, 91.1 FM

Monday, April 19th

8:30 am - 4:30 pm Nuido: The Way of Embroidery

4 day workshop. Fee. Spokane Buddhist Temple

Lee (509) 747-4926 or email lmcleron@yahoo.com.

Tuesday, April 20th

8:30 am - 3:00 pm Japan & American High School Leadership Conference
By invitation. FEE. Mukogawa Fort Wright Institute, Doug Griffith at (509) 328-2971.

11:30 am - 1:00 pm Rakugo & Sushi / Yakisoba (noodles)

Spokane Falls Community College SUB Lounges A, B, C.

3410 Fort George Wright Dr. Fee.

11:30 am - 1:00 pm Taiko Open House at Mukogawa / Japanese Cultural Center, Hands on Experience with Japanese Taiko Drums

Wednesday, April 21st

11:00 am - 11:45 am Japanese Children's Day Festival
by SFCC Japanese Club, Corbin Senior Activity Center

12:00 pm - 12:45 pm Japanese Lunch (\$7.50)

Pay in advance by 4/14, Corbin Senior Activity Center

3:00 pm - 5:00 pm Family Festival at Mukogawa Fort Wright Institute

Thursday, April 22nd

Nuido: The Way of Embroidery

Open to the public for viewing from 1:00-3:00 pm.

Spokane Buddhist Temple

6:00 pm Sushi Making Class with Atsumi McCauley \$20

Japan Cultural Center (Mukogawa Fort Wright Institute)

Friday, April 23rd

7:30 pm - 10:00 pm OtakuCon Anime / Cosplay Fashion Show Contest &

Rave, Come cosplay your best anime costumes & dance the night away!

Online pre-entry at OtakuCon.com SFCC

Saturday, April 24th

11:00 am Book Reading & Sumi-e

Author & painter Yvonne Palka will read from her book,

Dragon Fire, Ocean Mist, & will demonstrate Sumi-e (Japanese painting).

Auntie's Books

Noon - 7:00 pm 60th Sukiyaki Dinner (\$12) Sukiyaki, sushi, senbei & crafts.
Highland Park United Methodist Church

2:00 pm - 3:30 pm How to Draw Manga: Local artists discussing Manga
(Japanese comics). Hands-on. 44 E. Hawthorn Rd

7:00 pm Japanese Movie at Gonzaga: Akira Kurosawa's DREAMS.

Gonzaga University, Jepson Auditorium (click for map)

**7:00 pm - Lecture on Buddhism by Rev. Robert Oshita of Sacramento,
C.A. Spokane Buddhist Temple**

Sunday, April 25th

10:30 am - noon Hanamatsuri Service

Rev. Robert Oshita officiates the celebration of Buddha's birth.

Spokane Buddhist Temple

2:00 pm - 3:30 pm Tsutakawa Garden Festival

Tsutakawa-Nishinomiya Japanese Gardens (at Manito Park)

Drumming, Aikido, Kendo, Iaido, Ikebana, Koi

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Spokane, WA 99202-3462

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Paul Vielle, Mrs. Terao, Martena Peterson, Jun Yugawa, Christine Marr & Rev. Don Castro (L to R) at the Shinran Shonin 750th Memorial on Feb. 27th & 28th in San Jose, California. The celebration commemorated the life of Shinran Shonin, founder of Jodo Shinshu Buddhism.

Who is that sneaking into the photo of the Japanese dolls set up for the Hina Matsuri (Doll Festival)? Our own trickster, Kosuke. Kudos to Celeste Sterrett and Mirielle Milne for putting up the dolls for the JALC sponsored event at the temple.



We will be having the next **CHILDREN'S CLOTHING EXCHANGE** Saturday, May 15th from 10AM-12PM. Any donations for clothing 0-16 years old can be brought to the temple between now and then. We are hoping our second clothing exchange will be at least as successful as the first and could use any help from any Sangha members available that day. This is a fun Sangha and neighborhood community event.

Also, start sorting through your possessions (get rid of attachments for our summer **YARD SALE**, during the Perry Street Fair Weekend in July.

