

# Spokane Buddhist Temple

## Volume 55, 2009 - Issue 9

This newsletter is published monthly by the  
Spokane Buddhist Temple  
927 S Perry Street  
Spokane, WA 99202  
509 534-7954



Everyone is welcome to attend all  
activities and services. Visit us online at:  
[www.spokanebuddhisttemple.org](http://www.spokanebuddhisttemple.org)  
email: [spokanebuddhisttemple@gmail.com](mailto:spokanebuddhisttemple@gmail.com)

# Voice of the Sangha

## Calendar of Events

## September 2009

Sept 6	Sunday	No Service
Sept 13	Sunday	<b>9:00 am Buddhism 101</b> <b>10:30 am Sangha Service</b> ❖MC: Martena Peterson ❖Greeter: Mary Nabor ❖Kansho: Isaac Milne ❖Short Meditation: Robert Giles ❖Dharma Talk: Christine Marr ❖Flowers/Rice: Celeste Sterrett ❖Snack: Karen Vielle ❖Dharma School: Ellicia Milne
Sept 20	Sunday	<b>10:30 am Ohigan Service w/Reverend Fujimoto</b> ❖MC: Mary Nabor ❖Greeter: Hyacinth Dezenobia ❖Kansho: Robert Gilles ❖Short Meditation: James Boyd ❖Dharma Talk: David Fujimoto ❖Flowers/Rice: Celeste Sterrett ❖Snack: Kosuke Imamura ❖Dharma School: Barb Braden
Sept 27	Sunday	<b>10:30 am Sangha Service - Jefferson Workman-Doshi</b> ❖MC: Celeste Sterrett ❖Greeter: Mari Haworth ❖Kansho: Hyacinth Dezenobia ❖Short Meditation: Shirley Bennett ❖Dharma Talk: James Boyd ❖Flowers/Rice: Janet Tamura ❖Snack: Mary Nabor ❖Dharma School: Ellicia Milne
Sept 3, 10, 17, 24	Thursdays	<b>5:30-6:30 pm Vipassana Meditation Sitting</b> ❖Led by Mary Webster - a trained Vipassana meditation teacher leads the sessions. Come and see for yourself how meditation can smooth out the wrinkles of our chaotic lives and add depth to your practice.



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2009

VOLUME 55 ISSUE 9

## Announcements

**September Sangha Services**— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. We meet after service for refreshments and discussion.



### GUEST SPEAKERS ON THEIR WAY TO OUR TEMPLE!!

**SAT, SEPT 19** – 1pm– 3pm – Workshop on Shin Buddhist Traditions and Etiquette. Presented by David Fujimoto, Minister's Assistant from Hawaii and currently at the Institute of Buddhist Studies in Berkeley. Mr. Fujimoto will also give the Dharma talk on Sunday.

**SAT, SUN., OCT 17-18** – Reverend Harada from the Orange County Buddhist Church will present a beginning Buddhism workshop on Saturday afternoon and give the Dharma Talk on Sunday.

**SUN, NOV 15** - Rimban Matsubayashi from the Seattle Betsuin will preside over the Eitaikyo Muen Service (Perpetual memorial to honor all deceased members of the Sangha). This service will be at 3PM.

**SUN, DEC 6** – Reverend Castro will be back (we miss you – it's been months) to conduct the Bodhi Day Service at 3 PM

MARK YOUR CALENDARS!!

### Buddhism 101 -

Are you curious about Buddhism; it's teachings and practices? Have you ever wondered what the Buddhist approach is to solving problems of every day living? You might be surprised. Come to our Buddhism 101 class to learn more. The next class will be held at 9:00 AM, just before the regular service on 13 September.

### Beginner's Passage Meditation Introductory Workshop -

We will be holding an introductory workshop introducing meditators to Sri Easwaran's form of Passage Meditation,

specifically designed for the Western monkey mind. 4-week session, Tuesdays, 6pm - 7:30pm beginning 9/8th thru 9/29th. The format will be video instruction and discussion followed by 1/2 hour of meditation. For more information: <http://www.easwaran.org>. Sri Easwaran's book Passage Meditation is available in our Temple bookstore. There will be no fee but donation to the Temple is suggested. For more information please call Mary 328-3829.

### Book Club -

Next meeting of the Temple Book Club will be Wednesday, Sept 9th. We will be meeting at 7:00 PM at the Coffee Social on 113 W Indiana Avenue. We are continuing with the book "Buddha Is As Buddha Does", Chapters 3& 4. All are welcome to attend.

### Thanks -

Many thanks to Toi Mulligan for her kind donations of flowers for our Obon service Toi's shop is *The Gilded Lily* at 2218 N. Monroe. Stop by to say hello!

### Help Needed For Upcoming Rummage Sale!!! -

Our Fall Rummage Sale is coming up Friday & Saturday, October 2nd and 3rd. From 10AM-5PM Friday, and Saturday 9AM-3PM. We are looking for volunteers and will have sign up sheets after the next few services in September with 1 and 2 hour time slots. We greatly appreciate any time Sanga members can help with. Item donations will be accepted up until Thursday, October 1st. Please call the temple (534-7954) to arrange a drop off time, or bring your donations on Sundays to leave after the service. **DOLLAR BAGS ON SATURDAY FROM 1-3PM**

### Bookstore-

We are looking for someone to take over the Bookstore starting in September. Please see Hyacinth.

### Spokane Buddhist Temple Team

-Supervising Minister-  
Rev. Don Castro  
Seattle Betsuin

-Minister Assistants-  
Paul Vielle  
Christine Marr

### Board of Directors

-President-  
Jun Yugawa

-Vice President-  
Martena Peterson

-Recording Secretary-  
Jen Johnston

-Treasurer-  
Ellicia Milne

Auditor-Fumi Uyeji

### Board Members

Celeste Sterrett  
Kosuke Imamura  
Marta Lowenhoff  
Barb Braden  
Jen Johnston

### Board Advisor

Jefferson Workman

### Newsletter Editor

Todd Milne

## Tidbits

O-higan is the observance of the Fall Equinox. The perfect time between the seasons, neither hot or cold to observe gratitude and study Buddhism and the Six Paramitas. Higan means "other shore" of Nirvana as opposed to "this shore" of Samsara where we are caught in the cycle of birth and death.

from the book  
Cocktails by Rev. Kodani

## “Introduction to Jodo Shinshu” Class starts in October

A four week “Introduction to Jodo Shinshu” class will be offered in October. Classes will meet Wednesday evenings at the Temple on Oct 7, 21, 28 and Nov 4, from 7:00 to 8:30 PM. (No class Oct 14.) This is not a book study. The format will be lecture and discussion based on selected readings (handouts). The aim is to offer beginners, information about the basic teachings of Shinran Shonin, the founder of our *Jodo Shinshu* (or True Pure Land) sect of Buddhism. We’ll begin with a brief review of the basic teachings of Shakyamuni, then go on to consider such questions as: Who is Amida Buddha? What is the Pure Land? What is the meaning of *Nembutsu*?

Minister’s Assistant Paul Vielle will facilitate the discussions. Pre-registration is requested along with a \$20.00 fee to offset the cost of handouts. Please fill out the registration form and mail (or bring) it to:

**Spokane Buddhist Temple**  
**Attn: Paul Vielle**  
**927 S. Perry Street**  
**Spokane, WA 99202**

For more information you may e-mail Paul at [paulv78w@sisna.com](mailto:paulv78w@sisna.com)

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### Registration

I’m planning to attend the *Introduction to Jodo Shinshu* classes  
starting on October 7, 2006.

Name \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

\_\_\_ \$20.00 enclosed

\_\_\_ Will pay at door

### Dharma School Updates

Our Dharma School room is being transformed to a nursery/toddler room so parents with little ones can slip more easily in and out of the services, or relax in a rocking chair with their little ones while listening to the service over the speakers from the nursery.

Dharma School for children will be held downstairs in the basement, where we will continue to utilize the lawn or the gym (a little more easily now), as well as the space by the cashier window for art projects. Be prepared for a new table arrangement in the basement...

Also, our first Sunday back, September 13<sup>th</sup>, our attending Dharma School students, will be sharing a short play with the Sanga during the service called “The Spade Sage”. The Spade Sage is a lesson on being attached to things we possess that hold us back from happiness and an enlightened mind. Dharma School students will have a chance to display their art work and members of the Sanga may be asked to participate by assisting in reading a part. We look forward to sharing, group participation, and seeing everyone back!



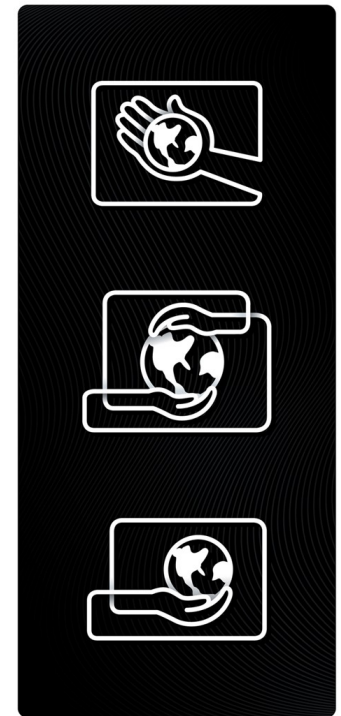


## The Green Corner - by Karen Vielle

On Tuesday evenings a satsang group meets at the temple to meditate and study the teachings of a wonderful Indian writer and meditation teacher, Eknath Easwaran. I've enjoyed many of his books over the years and I recently read a very small book that he wrote in 1992 entitled "Your Life is Your Message". It includes many short and simple essays on the various ways our behavior impacts others and therefore ourselves. Several of the essays address how our behavior affects the planet we live on. We use the word ecosangha but in one of these essays Easwaran proposes the word "agridharma, from agri, meaning 'field', and dharma, meaning 'law or divine order'. It is an entire way of life, which respects the needs of the earth and all creatures even as it seeks to fill the needs of human beings."

Easwaran grew up in the south of India where he says they were taught to never do anything to deprive Mother Earth. The care for the earth was not just something that was taught in agriculture schools and classes but was passed down through all the generations. In the book Easwaran says, "Through deforestation and modern industrial agricultural methods – the methods of 'agribusiness' – the world is losing twenty-four billion tons of topsoil every year. The United States is no exception. Iowa once had an average of sixteen inches of topsoil. Now it has been reduced to one half, just eight inches. We call this progress. Every year we peel off another layer of skin from our Mother Earth. How long can it last? As an American humorist said, "They ain't makin' real estate no more'..."

Easwaran goes on to say, "When you raise your own vegetables and fruits, when you buy locally grown organic produce, when you adopt a vegetarian diet to help protect the rain forests, you are helping to replace agribusiness with agridharma, violence with love." That sounds like an ecosangha to me.



### Welcome New Members

Midori Gow  
Mari Haworth

### Dues Received in July

Tosh Kirihara  
Tom Anderson  
Robert Gilles  
Barbara Braden  
Colin Fitzgerald  
Janine Kardokus  
Tina Rodeen  
Midori Gow  
Leo Kiyohiro  
Anne Paulin  
Rachel Scrudder  
Paul & Karen Vielle  
Mary Naber  
Paul Harrison  
Robert Brost & Patricia Simonet  
Toshie Kawahara

### Dues Received in August

Barb Braden  
Todd & Ellicia Milne  
Dawn Lindblom  
Mari Haworth  
Robert Gilles  
Paul Harrison  
Tina Rodeen  
Jeremy Phillips  
Aiko & Justin Terao & Kropff  
James Lea  
Marcelline Burdett  
Paul & Karen Vielle  
Tom Anderson

### July And August Memorials

#### *In Memory of Fumi Heyamoto*

From Fumi and Kam Uyeji and Christine Marr

#### *In Memory of Takeo D. Terao*

From Kam and Fumi Uyeji  
and Marcelline Burdett

#### *In Memory of Tom Kirihara*

from Kazuko Kirihara

#### *In Memory of Kengo Kato*

From Jun Yugawa

#### *In Memory of Bob Wheeler*

From Jun Yugawa and Janet Tamura

#### *In Memory of Roy Soejima*

From Tosh Kirihara

#### *In Memory of Amy Kirihara*

From Tosh Kirihara

#### *In Memory of Paul Yamagawa*

From Fumi & Kam Uyeji

#### *In Memory of Mr. Munighan*

From Paul & Karen Vielle

#### *In Memory of Paul Gow*

*Hatsubone and One Hundred Day Service*  
From Midori Gow and Family

### Dana Received in July and August

Martena Peterson  
Jim & Shirley Bennett  
Mari Haworth  
Anonymous  
Jeff Glenn  
Paul Gerhards  
Mary Naber  
Kenji & Karen Akahoshi  
Lenni Terao  
Joyce M Terao  
Tuesday Night Meditation  
Group  
Barb Clapp  
Hisako Oki  
Satoshi & Mary Terao

### OBON Dana

Dan & Celeste Sterrett  
Richard Terao  
Herman Sugimura  
Marcelline Burdett  
Paul & Karen Vielle  
Tosh Kirihara  
Erin Kuima  
Martena Peterson  
Jim & Shirley Bennett  
Kam & Fumi Uyeji

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Spokane, WA 99202-3462

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To contribute to the Spokane Buddhist Temple newsletter,  
Email content to [Todd@HealingPeacefulMusic.com](mailto:Todd@HealingPeacefulMusic.com)  
Deadline is the Saturday before the last Sunday of each month