

# Spokane Buddhist Temple

**Volume 55, 2009 - Issue 10**  
This newsletter is published monthly by the  
Spokane Buddhist Temple  
927 S Perry Street  
Spokane, WA 99202  
509 534-7954



Everyone is welcome to attend all  
activities and services. Visit us online at:  
[www.spokanebuddhisttemple.org](http://www.spokanebuddhisttemple.org)  
email: [spokanebuddhisttemple@gmail.com](mailto:spokanebuddhisttemple@gmail.com)

Voice of the Sangha

## Calendar of Events

October 2009

- |        |          |   |
|--------|----------|---|
| Oct 4  | Sunday   | <b>10:30 am Sangha Service</b><br>❖MC: Martena Peterson ❖Greeter: Robert Gilles<br>❖Kansho: Hyacinth Dezenobia ❖Short Meditation: Jefferson Workman<br>❖Dharma Talk: Robert Gilles ❖Flowers/Rice: Karen Vielle<br>❖Snack: Eileen Tanaka ❖Dharma School: Ellicia Milne                   |
| Oct 11 | Sunday   | <b>10:30 am Sangha Service</b><br>❖MC: Martena Peterson ❖Greeter: Don Bridgford<br>❖Kansho: Hyacinth Dezenobia ❖Short Meditation: Mary Naber<br>❖Dharma Talk: Kosuke Imamura ❖Flowers/Rice: Celeste Sterrett<br>❖Snack: Janine Kardokas ❖Dharma School: Barb Braden                     |
| Oct 17 | Saturday | <b>1-3 pm Resolving Life Problems Through Buddhism</b><br>w/Rev. Marvin Harada  |
| Oct 18 | Sunday   | <b>10:30 am Shotsuki-Hoyo Service w/Reverend Harada</b><br>❖MC: Paul Vielle ❖Greeter: Mary Naber<br>❖Kansho: Hyacinth Dezenobia ❖Short Meditation: Karen Vielle<br>❖Dharma Talk: Rev. Harada ❖Flowers/Rice: Celeste/Janet Tamura<br>❖Snack: Dharma School ❖Dharma School: Ellicia Milne |
| Oct 25 | Sunday   | <b>10:30 am Sangha Service</b><br>❖MC: Martena Peterson ❖Greeter: Robert Gilles<br>❖Kansho: Isaac Milne ❖Short Meditation: Barb Braden<br>❖Dharma Talk: Christine Marr ❖Flowers/Rice: Jen Johnston<br>❖Snack: Dharma School ❖Dharma School: Ellicia Milne                               |



# Spokane Buddhist Temple

2009

VOLUME 55 ISSUE 10

## Announcements

**October Sangha Services**— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. We meet after service for refreshments and discussion.



### Help Needed For Upcoming Rummage Sale!!! -

Our Fall Rummage Sale is coming up Friday & Saturday, October 2nd and 3rd . From 10AM-5PM Friday, and Saturday 9AM-3PM.. We are looking for volunteers and will have sign up sheets after the next few services in September with 1 and 2 hour time slots. We greatly appreciate any time Sanga members can help with.

Item donations will be accepted up until Thursday, October 1st. Please call the temple (534-7954) to arrange a drop off time, or bring your donations on Sundays to leave after the service.

**DOLLAR BAGS ON SATURDAY FROM 1-3PM**

### GUEST SPEAKERS ON THEIR WAY TO OUR TEMPLE!!

**SAT, SUN., OCT 17-18** – Reverend Harada from the Orange County Buddhist Church will present a beginning Buddhism workshop on Saturday afternoon and give the Dharma Talk on Sunday.

**SUN, NOV 15** - Rimban Matsubayashi from the Seattle Betsuin will preside over the Eitaikyo Muen Service (Perpetual memorial to honor all deceased members of the Sangha). This service will be at 10:30am.

**SUN, DEC 6** – Reverend Castro will be back (we miss you – it's been months) to conduct the Bodhi Day Service at 3 PM

**MARK YOUR CALENDARS!!**

### Beginner's Passage Meditation Introductory Workshop -

We will be holding an introductory workshop introducing meditators to Sri Easwaran's form of Passage Meditation, specifically designed for the Western monkey mind. 4-week session, Tuesdays, 6pm - 7:30pm beginning 9/8th thru 9/29th. The format will be video instruction and discussion followed by 1/2 hour of meditation. For more information: <http://www.easwaran.org>. Sri Easwaran's book Passage Meditation is available in our Temple bookstore. There will be no fee but donation to the Temple is suggested. For more information please call Mary 328-3829.



### Vipassana Meditation Sitting-

Thursdays 5:30-6:30 pm. Led by Mary Webster - a trained Vipassana meditation teacher leads the sessions. Come and see for yourself how meditation can smooth out the wrinkles of our chaotic lives and add depth to your practice.

### Spokane Buddhist Temple Team

-Supervising Minister-  
Rev. Don Castro  
Seattle Betsuin

-Minister Assistants-  
Paul Vielle  
Christine Marr

### Board of Directors

-President-  
Jun Yugawa

-Vice President-  
Martena Peterson

-Recording Secretary-  
Jen Johnston

-Treasurer-  
Ellicia Milne

Auditor-Fumi Uyeji

### Board Members

Celeste Sterrett  
Kosuke Imamura  
Marta Lowenhoff  
Barb Braden  
Jen Johnston

**Board Advisor**  
Jefferson Workman

**Newsletter Editor**  
Todd Milne

### September Memorials

*In Memory of Gregory Soejima*  
From Marako Nishimura

*In Memory of Sue Shimuzu*  
From Toshie Kawahara,  
Janet Tamura

*In Memory of Hazel Sanders*  
from Paul & Karen Vielle

## “Introduction to Jodo Shinshu” Class starts in October

A four week “Introduction to Jodo Shinshu” class will be offered in October. Classes will meet Wednesday evenings at the Temple on Oct 7, 21, 28 and Nov 4, from 7:00 to 8:30 PM. (No class Oct 14.) This is not a book study. The format will be lecture and discussion based on selected readings (handouts). The aim is to offer beginners, information about the basic teachings of Shinran Shonin, the founder of our *Jodo Shinshu* (or True Pure Land) sect of Buddhism. We'll begin with a brief review of the basic teachings of Shakyamuni, then go on to consider such questions as: Who is Amida Buddha? What is the Pure Land? What is the meaning of *Nembutsu*?

Minister's Assistant Paul Vielle will facilitate the discussions. Pre-registration is requested along with a \$20.00 fee to offset the cost of handouts. Please fill out the registration form and mail (or bring) it to:

**Spokane Buddhist Temple**  
Attn: Paul Vielle  
927 S. Perry Street  
Spokane, WA 99202

For more information  
you may e-mail Paul at [paulv78w@sisna.com](mailto:paulv78w@sisna.com)

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### Registration

I'm planning to attend the *Introduction to Jodo Shinshu* classes  
starting on October 7, 2006.

Name \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

\_\_\_ \$20.00 enclosed

\_\_\_ Will pay at door

### Dana Received in September

Tuesday Night Meditation Group  
Jim & Shirley Bennett  
Mary Naber  
Pat & Jason Crowley  
Harry & Shirley Yamamoto  
Celeste Sterrett  
Bob Gilles

### OHIGON Dana

Paul & Karen Vielle  
Leo & Yuriko Kiyohiro  
Toshie Kawahara  
Marcelline Burdett  
Eileen Tanaka  
Kam & Fumi Uyeji  
Midori Gow  
Jefferson Workman  
Janet Tamura  
Martena Peterson  
Satoshi & Mary Terao



### Dues Received in September

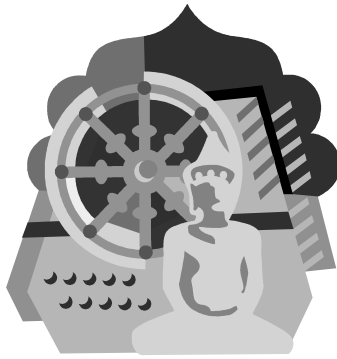
Bob Gilles  
Marissa Carlson  
Aiko Terao  
Jenifer Johnston  
Paul Harrison  
Tom Anderson  
Paul & Karen Vielle  
Leo & Yuriko Kiyohiro  
Rachel Scrudder  
Barbara Braden  
Robert Brost & Patricia Simonet  
Mary Naber  
Mari Haworth  
Pat Omine  
Marcelline Burdett

THE SPOKANE BUDDHIST TEMPLE PRESENTS  
**GUEST SPEAKER REV. MARVIN HARADA**

from the - ORANGE COUNTY BUDDHIST CHURCH - ANAHEIM, CA

**RESOLVING LIFE'S PROBLEMS  
THROUGH BUDDHISM**

We all face problems in life. No one can escape them. Buddhism enables us to resolve our problems in life. Not escape them. Not deny them. Not ignore them. We must face them, accept them, even embrace them. This is the message of Buddhism. Can you see any better solution to your problems of life that you face?



**SATURDAY, OCTOBER 17 1-3pm**

at the

**SPOKANE BUDDHIST TEMPLE**

927 South Perry

*Rev Harada will also present the Dharma Service on  
Sunday, October, 18<sup>th</sup> at 10:30 AM*

**Kudos Corner**

Hyacinth Dezenobia has been doing a great job in the bookstore. Come visit and feel free to buy a book, a nenju, a card or just browse. Open after services to the left of the naijin.

Our sangha volunteered on September 13 to man the KSPS phones for pledge week. Not only were we the first buddhist group to do that for the station, we received over \$30,000 in pledges for the station. It was great fun. Thanks to Steve Becker for suggesting it and hosting that evening. The members who participated were Barbara and Justin Braden, Jun Yugawa, Robert Gilles, Jefferson Workman, Lori Taylor, Ellicia Milne, Kosuke Imamura, Hyacinth Dezenobia, Mary Naber and Martena Peterson.

**MAINTENANCE NEWS**

Over the past few months, we've done a lot of maintenance on the temple. The railings and decking have been fixed and painted, the kitchen has had vent cleaning and overall cleaning and reorganizing, the parking has handicapped signage and bumpers installed, all the interior and exterior lightbulbs have been replaced and all of the fire and exit lights on the interior have been replaced. In addition, the upstairs dharma room is now a nursery and the basement has been reconfigured to allow for the dharma school. We still have a couple of projects that we'd like to get done before the snow flies. One is to get the snowblower in for a servicing and the other is to clean out the shed behind the gym. If you'd like to volunteer to take the lead on either of those, we'd be so very grateful.

**Shotsuki-Hoyo**

The October Shotsuki-Hoyo remembrance service will be held on Sunday, October 18, during Rev. Marvin Harada's visit. According to temple records and other sources, a total of 17 people passed away during the month of October. They are:

- Arthur "Len" Braden*
- (Mrs) Masako Imada*
- Hichiro Ishikawa*
- Yohein Kato*
- (Mrs) Hisako Kato*
- Yoshinobu Kimura*
- Tokio Konishi*
- Teresa Lira*
- Kotaro "Van" Omine*
- Seichi Nakamura*
- John Norisada*
- Rei Shigenobu*
- Jim Shimizu*
- Kame Uyeji*
- Takeo Uyeji*
- Andrew Vielle*
- Fred Yamamoto*



## *Dharma School Dynamics*

From the time I started attending the Spokane Buddhist Temple in 2006, I have been helping out and teaching in the Dharma School during services at our temple on Sundays. Like other aspects of our service, this is a volunteered role, and one that I do because I enjoy. Because I was not born and raised with this tradition, religion and philosophy, Dharma School is as much an education for me at times as I am preparing a lesson, as it has hopefully been for our students. Fortunately, there is training and support provided through the Federation of Dharma School

Teachers League for the beginning and experienced Dharma School Teachers. For members of our Sanga who may be wondering what we do, or how we learn what we teach, I thought it might be nice to explain what our trainings are like and briefly share some of our recent experiences in this issue of our newsletter.

Every year participating Temples and Churches of the Buddhist Churches of America host conferences or workshops to train, support, and educate Dharma School teachers. Over the last few years Barbara Braden and I have had the great privilege to travel and participate, then bring back with inspiration and focus ways to teach, learn, and share the Dharma with our students here at our temple.

Each conference and workshop is similar in that speakers and facilitators (often professionals from the temples' community, with at least one or two Ministers), bring their area of expertise to present new helpful materials and methods of teaching, or reacquaint us with tried and true handy standbys to assist us in planning our lessons. We also always make great connections with other Dharma School teachers who we are able to learn, share and compare our perspectives and classroom experiences with. From each of the trainings I have attended, there is also a great balance of humor mixed in with the education, a warm and smart way to remember lessons to share through the year.

The workshops and conferences are also completely unique in the group size variances; from 12-200, the themes; from "Dharma School for Dummies" to "How to Run a Service", the guest speakers and facilitators, the settings, the teachers, the timing and the perspectives. Each component helps to create different memorable aspects we can be refreshed and inspired by.

In August this year, we attended "The ABCs of Dharma School", a seminar for pre-school to 5<sup>th</sup> grade Dharma School teachers. at the Jodo Shinshu Center in Berkeley. After a relatively short flight and a seemingly long Bart ride (both actually the same amount of time) we arrived at the Center just in time to start right in with a review of Dharma School materials by Tad Shibata, the current Federation Dharma School Teachers League President, and met the other dozen or so teachers attending the workshop from Temples and Churches as close as the Berkeley Temple around the corner, to the Temple in Vancouver, BC. The following day we attended a service and lecture/discussion lead by Rev. Dr. David Matsumoto introducing the basics of Buddhism and Shin Buddhism. Reverend Matsumoto and Reverend Umezu did a wonderful job teaching us some basic service etiquette through the service, and throughout the lecture, Rev. Matsumoto shared his knowledge of Shin Buddhism and Buddhist basics with some handouts as guidelines. This was followed by a question and answer time which was helpful in setting some of our goals and getting a feel where everyone was coming from at the workshop.

The rest of the day we went through three sessions focusing on ways to present dharma school lessons, encourage our children to integrate Buddhism into their daily lives, and ways to improve how we teach. All three sessions were facilitated in a very casual yet professional manner by Rev. Umezu, Maya Tsuji Lawrence, a retired child counselor, and Janet Umezu, a long time Dharma School teacher from Oakland who showed us how to use and add to the BCA dharma school wikispaces.net web site, with strong group participation throughout each session. With such a small group it really felt like everyone had a chance to express their opinions and share their experiences. During our breaks, we all enjoyed delicious meals, prepared on site by our wonderful hosts, hostesses and event coordinators, and we also participated in raji taisao exercise, a wonderful way to break up a lot of sitting time and get the circulation going again. Barb and I left with feeling recharged and ready for another year to start at our Temple. We both agreed this was a good time of the year for us to attend a workshop and prepare our themes and curriculum for the new school year.

Most recently, in late September, Barb and I drove down to The Northwest Dharma School Workshop at the Idaho-Oregon Temple in Ontario, OR. This was a weekend bustling with activity! On top of the Workshop taking place, Socho Koshin Ogui was there to officiate Reverend Dennis Fujimoto marriage, there was a dinner to honor the Socho, *and* a spaghetti feed fundraiser for the temple! Even with all the events happening on this one weekend, we were lead through how to run a service in three parts; preparing a dharma talk, Kansho and Onajin set up, and how to lead the chanting. At the end of the day someone from each group actually ran a service to close the workshop. We were also much honored to have Socho start our workshop with a service on Saturday, and fortunate to run into him a few times at our hotel where he was also staying, always a humbling and humorous experience. What better teachers, timing, circumstances and inspiration could we have asked for?

Barb and I are very grateful we have been able to go and represent Spokane at the workshops and conferences, and that we have a few other great parents and teachers at our temple that also volunteer when we are not here (THANK YOU Jeremy Philips and Leanne Sapp!), and hope we can continue to learn and teach the Dharma with our fantastically creative and wonderful students each week.

In Gassho, Ellicia Milne

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To contribute to the Spokane Buddhist Temple newsletter,  
Email content to [Todd@HealingPeacefulMusic.com](mailto:Todd@HealingPeacefulMusic.com)  
Deadline is the Saturday before the last Sunday of each month