

# Spokane Buddhist Temple

**Volume 55, 2009 - Issue 11**  
This newsletter is published monthly by the  
Spokane Buddhist Temple  
927 S Perry Street  
Spokane, WA 99202  
509 534-7954



Everyone is welcome to attend all  
activities and services. Visit us online at:  
[www.spokanebuddhisttemple.org](http://www.spokanebuddhisttemple.org)  
email: [spokanebuddhisttemple@gmail.com](mailto:spokanebuddhisttemple@gmail.com)

Voice of the Sangha

## Calendar of Events

## November 2009

Nov 1	Sunday	<b>10:30 am Sangha Service</b> ❖MC: Ellicia Milne ❖Kansho: Isaac Milne ❖Greeter: Marta Lowenhoff ❖Short Meditation: Celeste Sterrett ❖Dharma Talk: Paul Vielle ❖Snack: Marta Lowenhoff ❖Dharma School: Jeremy Phillips
Nov 7	Saturday	<b>11-2 pm Fall Food Bazaar - Sushi &amp; More</b>
Nov 8	Sunday	<b>No Service</b>
Nov 15	Sunday	<b>10:30 am Eitaikyo and Shotsuki-Hoyo Service with Rimban Matsubayashi from the Seattle Betsuin</b> ❖MC: tba ❖Greeter: Mary Naber ❖Kansho: Isaac Milne ❖Short Meditation: tba ❖Dharma Talk: Rev. Matsubayashi ❖Flowers/Rice/Fruit: Kosuke ❖Snack: tba ❖Dharma School: Ellicia Milne
Nov 22	Sunday	<b>10:30 am Sangha Service</b> ❖MC: tba ❖Greeter: Robert Gilles ❖Kansho: Mary Naber ❖Short Meditation: Robert Gilles ❖Dharma Talk: Karen Vielle ❖Flowers/Rice: tba ❖Snack: James & Gwen ❖Dharma School: Barb Braden
Nov 29	Sunday	<b>10:30 am Sangha Service</b> ❖MC: Mary Naber ❖Greeter: Robert Gilles ❖Kansho: Karen Vielle ❖Short Meditation: Robert Gilles ❖Dharma Talk: James Boyd ❖Flowers/Rice: tba ❖Snack: Rebecca Gahl ❖Dharma School: Ellicia Milne



# Spokane Buddhist Temple

2009

VOLUME 55 ISSUE 11

## Announcements

**November Sangha Services**— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. We meet after service for refreshments and discussion.



### Member News -

Barbara Braden and her son, Justin, were burned out of their home on October 27th. Fortunately, they and their animals were not hurt. They will be out of their home for at least 6 months for reconstruction and are currently staying with Martena Peterson. They should be in temporary housing shortly. We are all grateful that they are okay and that they had good insurance.

### GUEST SPEAKERS ON THEIR WAY TO OUR TEMPLE!!

**SUN, NOV 15** - Rimban Matsubayashi from the Seattle Betsuin will preside over the Eitaikyo Muen Service (Perpetual memorial to honor all deceased members of the Sangha). This service will be at 10:30am.

**SUN, DEC 6** – Reverend Castro will be back (we miss you – it's been months) to conduct the Bodhi Day Service at 3 PM

MARK YOUR CALENDARS!!

### Passage Meditation -

Satsang group is meeting regularly on Tuesdays from 6-7:30 pm. We are focusing on Sri Easwaran's form of passage meditation and his 8 Point program for daily living. This form of meditation fits very well with any spiritual path. We suggest that interested people read Sri Easwaran's book on Meditation that can be found in our bookstore. Then practice meditating for a month before joining our group.

"When you become aware of the unity of life, and live for the welfare of all, your life becomes a permanent beneficial force." Sri Eknath Easwaran

For more information please call Mary 328-3829.

### Vipassana Meditation Sitting-

Thursdays 5:30-6:30 pm. Led by Mary Webster - a trained Vipassana meditation teacher leads the sessions. Come and see for yourself how meditation can smooth out the wrinkles of our chaotic lives and add depth to your practice.

### Tidbits -

Eitaikyo or The Perpetual Memorial Service, is a Japanese Buddhist observance. It is a memorial service to pay tribute to predecessors. This service is dedicated to all those who lived and died as Buddhists in due respect of their contribution to the growth of the local Sangha. It is an opportunity to express gratitude to the Buddha, the Dharma and the Sangha.

### Spokane Buddhist Temple Team

-Supervising Minister-  
Rev. Don Castro  
Seattle Betsuin

-Minister Assistants-  
Paul Vielle  
Christine Marr

### Board of Directors

-President-  
Jun Yugawa

-Vice President-  
Martena Peterson

-Recording Secretary-  
Jen Johnston

-Treasurer-  
Ellicia Milne

Auditor-Fumi Uyeji

### Board Members

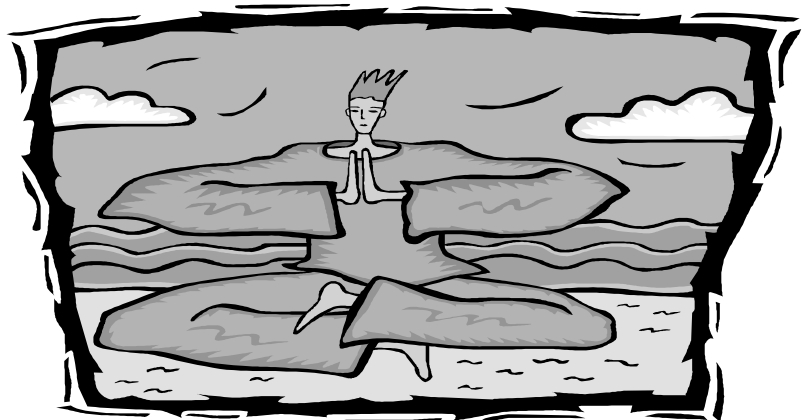
Celeste Sterrett  
Kosuke Imamura  
Marta Lowenhoff  
Barb Braden  
Jen Johnston

**Board Advisor**  
Jefferson Workman

**Newsletter Editor**  
Todd Milne

### Dana Received in October

Mary Naber  
Paul & Karen Vielle  
Helen Hart  
Steve Becker  
Tuesday Night Meditation Group  
Jim & Shirley Bennett  
Celeste Sterrett  
Martena Peterson  
Chris Marr  
Pat & Jason Crowley  
Many Generous  
Anonymous Givers



# Seminar with Reverend Shoyo Taniguchi

## BUDDHISM AND DAY-TO-DAY DECISION-MAKING

Saturday, November 21, 2009

*Our life is a continuous process of decision-making. We keep making numerous decisions moment by moment, sometimes consciously and most of the time, unconsciously. Some decisions are major and heavy such as, "Should I marry this person or that person?" Other decisions are small and light such as, "Should I go to the bathroom first or fix the bed?" 2500 years ago, the Buddha explained the mechanism of our decision-making and taught practical skills to transform dangerous and harmful decisions into more peaceful and less harmful ones. In this workshop, Reverend Taniguchi will introduce some useful insights of the Buddha that we are able to utilize in our daily life.*

Time- 9:30 to 3:00 (9:00 registration)

Cost- \$20 General (sandwich & salad lunch included)  
BCA Members \$10

Location- White River Buddhist Temple (253) 833-1442  
3625 Auburn Way North  
Auburn, WA

<http://www.whiteriverbuddhistmpl.org/>

Contact- Karen Murakami, [wrlink4goldenchain@comcast.net](mailto:wrlink4goldenchain@comcast.net)

\*\*\* *We may be sending information to you prior to the seminar* \*\*\*

Reverend Dr. Shoyo Taniguchi – Born in Nagoya, Japan. Received M.A. (1971) and completed the Ph.D. program (1975) in English Literature at Nanzan University, Nagoya, Japan. Taught English Literature at Ichimura Women's College. Received the Tokudo Ordination (1973) and Kyoshi certificate (2001) in the Jodo Shinshu Hongwanjiha, Kyoto, Japan. Came to the United States and received M.A. (1987) in the study of Buddhist Medical Ethics at Institute of Buddhist Studies and the Graduate Theological Union in Berkeley, CA. Received a Ph.D. (1996) in the study of the System of Buddhist Ethics. Taught Medical Ethics at Kagoshima University Dental School in Kagoshima, Japan (1997-2002). Currently, BCA Kaikyoshi minister at Southern Alameda County Buddhist Church in Union City, CA, from 2004. Husband: Reverend Zuikei Taniguchi, BCA Kaikyoshi at Buddhist Temple of Alameda. Two sons and one grandson.

*Registration Deadline – Sunday, November 15, 2009*

## Tokudo Preparation Workshop #2

In September (24-27) our Minister's Assistants Paul Vielle and Christine Marr attended their second Tokudo preparation workshop at the Jodo Shinshu Center in Berkeley, California. After the opening service, Socho Koshin Ogui welcomed the group and thanked them for their important service to their respective temples. He urged everyone to study diligently in the coming year, noting that a Tokudo ordination is tentatively scheduled for October 2010 in Kyoto, Japan. (Tokudo is the first level of ordination in the Jodo Shinshu tradition.)

In the days that followed, the group attended classes on Jodo Shinshu ritual, Naijin etiquette, funeral services, and the teachings of Shinran Shonin. Interspersed with the classroom work were hours of practice in chanting and conducting services. This all took place under the able instruction of Rev. Kodo Umezu and Rev. Harry Bridge. The workshop concluded with a most interesting lecture by Dr. Scott Mitchell from the Institute of Buddhist Studies entitled 'American Buddhism and Social Issues'. All in all, was a busy three-and-a-half days of study and practice for our Minister's Assistants.



## Dues Received in October

Mary Naber  
 Paul & Karen Vielle  
 Tom Anderson  
 Barbara Braden  
 Patricia Simonet and Robert Brost  
 Jefferson Workman  
 Rachel Scrudder  
 Colin Fitzgerald  
 Marcelline Burdette  
 Hyacinth Denzanobia  
 Leanne and Greg Sapp  
 Todd & Ellicia Milne  
 Eileen Tanaka  
 Jenifer Johnston  
 Paul Harrison  
 Mari Haworth

## October Memorials

*In Memory of Max Taylor*  
 From Lori Taylor

*In Memory of Kotaro Van Omine*  
 From Pat Omine

*In Memory of Andrew Vielle*  
 from Paul & Karen Vielle

*In Memory of Kam and Takeo Uyeji*  
 from Kam and Fumi Uyeji

*In Memory of Len Braden*  
 from Barbara Braden

*In Memory of Yoshinobu Kimura*  
 from Herman Sugimura

## Visiting Reverends Bring Fresh Perspectives

In September we enjoyed a weekend visit from Rev. David Fujimoto (of the Institute of Buddhist Studies in Berkeley) and in October, from Rev. Marvin Harada (of the Orange County Buddhist Church.) Each delivered a public lecture on Saturday afternoon. Rev.

Fujimoto spoke on Naijin etiquette and Shin rituals. Rev. Harada's talk was entitled 'Resolving life's problems through Buddhism'. Both lectures were well received. On Sunday morning, each reverend led our regular Sangha service. Rev. Harada became an instant hit with the children when he introduced his amusing hand puppet Mr. Froggie.

Whenever reverends from other temples or far-away locations come for visits, we benefit enormously. They bring fresh ideas and new perspectives on the dharma. We thank Reverends Harada and Fujimoto for sharing their energy and talents with us.

## Kudos Corner

!!!HANDS TOGETHER FOR OUR SENBEI-MAKING VOLUNTEERS!!!

*Barbara Braden - James Boyd - Gwen Keyt*  
*Mari Haworth - Jim and Mika Headley - Lori Taylor*  
*Shannon Wood - Kathy Weyrauch - Mary Nabor*  
*Paul and Karen Vielle - Ellicia and Isaac Milne - Michelle Mingay*  
*Fumi Uyeji - Janet Tamura - Midori Gow*  
*Ann Paulin - Christine and Chris Marr - Martena Peterson*  
*Aiko Terao*

Our cooks:

*Jefferson Workman - Jun Yugawa*  
*Justin Kropff - Herman Sugimura*



## *The Green Corner - by Karen Vielle*

Here are the top 3 “green” ideas I’ve come across in the last month. The first is a reusable sandwich wrapper called “Wrap-n-Mat”. I found it at the end of an aisle in Safeway for approximately \$5. It’s simply a piece of fabric lined with plastic on the inside, that folds into a square and closes with Velcro on the outside. You put your sandwich, cheese and crackers, handful of veggies, or whatever you’re packing for lunch in the middle, fold it up and close it. It’s like a reusable sandwich baggie only better because when you open it up to eat it becomes it’s own little place mat too.

The second idea is a natural treatment for stain removal on clothing. This is from Rosamond Richardson’s Home Hints & Tips: The new guide to natural, safe, and healthy living. Treat protein stains like egg, blood, and chocolate with a borax stain remover. It will even treat coffee and tea stains. You can easily mix it up ahead of time with 1 oz borax and 1 pint cold water.

Lastly, I received an email from someone with this statement added on the bottom and liked it so much I’ve gone through the steps on my computer to make it automatically appear on my emails. It says, Think Green. Please consider the environment before printing this email. It’s a good reminder and my third tip of the month.

### *Shotsuki-Hoyo*

The November Shotsuki-Hoyo remembrance service will be held on Sunday, November 15, during Rimban Matsubayshi’s visit. According to temple records and other sources, a total of 14 people passed away during the month of November. They are:

*(Mrs) Ine Furumasu  
Leslie Green  
Hideo Ekinaka  
Chiyoko Kiyabu  
George Kubota  
(Mrs) Haruyo Oba  
Dick Shimizu  
(Mrs) Reiko Shimizu  
Roy Soejima  
James "Jim" Tamura  
Rev. Eiyu Terao (Founder of SBT)  
Harold Tokunage  
Hidejiro Yamagiwa  
Michio Yamagiwa*

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***Fall Food Bazaar*  
Sunday, November 8, 2009**

**11 AM – 2 PM**



**Chicken Yakisoba Lunch  
Eat in or take out - \$10  
Sushi Rolls: \$7  
Inari: 4 for \$5  
Combo (4 pieces maki, 2 inari): \$5  
Senbei (Japanese rice crackers) \$3<sup>50</sup>  
Nori Crackers: \$3<sup>50</sup>**

**Call 534-7954 to pre-order  
We will return your call to confirm the order**

**Spokane Buddhist Temple**  
927 S Perry  
Spokane, WA 99202-3462

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To contribute to the Spokane Buddhist Temple newsletter,  
Email content to [Todd@HealingPeacefulMusic.com](mailto:Todd@HealingPeacefulMusic.com)  
Deadline is the Saturday before the last Sunday of each month