

Spokane Buddhist Temple

Volume 55, 2009 - Issue 6
This newsletter is published monthly by the
Spokane Buddhist Temple
927 S Perry Street
Spokane, WA 99202
509 534-7954



Everyone is welcome to attend all
activities and services. Visit us online at:
www.spokanebuddhisttemple.org
email: spokanebuddhisttemple@gmail.com

Calendar of Events

June 2009

Voice of the Sangha

- | | | |
|--------------------|-----------|---|
| June 7 | Sunday | 10:30 am Sangha Service—Doshi: Paul Vielle
❖MC: Martena Peterson ❖Greeter: Ellicia Milne
❖Kansho: Jim Bennett ❖Short Meditation: Shirley Bennett
❖Dharma Talk: Kosuke Imamura ❖Flowers/Rice: Karen Vielle
❖Snack: Kosuke Imamura ❖Dharma School: Ellicia Milne
12-1 pm DVD Lecture |
| June 14 | Sunday | 10:30 am Sangha Service—Doshi: Christine Marr
❖MC: Celeste Sterrett ❖Greeter: Martena Peterson
❖Kansho: Todd Milne ❖Short Meditation: Shirley Bennett
❖Dharma Talk: Christine Marr ❖Flowers/Rice: Janet Tamura
❖Snack: Jim & Shirley Bennett ❖Dharma School: Barb Braden
12-1 pm DVD Lecture |
| June 21 | Sunday | 8:30 am Father's Day Pancake Breakfast
10:30 am Sangha Service—Doshi: Paul Vielle
❖MC: Ellicia Milne ❖Greeter: Martena Peterson
❖Kansho: Jefferson Workman ❖Short Meditation: Karen Vielle
❖Dharma Talk: Paul Vielle ❖Flowers/Rice: Jen Johnson
❖Snack: PANCAKES ❖Dharma School: Jeremy Phillips
12-1 pm DVD Lecture |
| June 27 | Saturday | 1:00-4:00 pm Afternoon Seminar with Bhante Seelawimala |
| June 28 | Sunday | 10:30 am Service with Bhante Seelawimala
❖MC: Martena Peterson ❖Greeter: Celeste Sterrett
❖Kansho: Ellicia Milne ❖Short Meditation: Greg Sapp
❖Dharma Talk: Bhante Seelawimala ❖Flowers/Rice: Celeste Sterrett
❖Snack: Shannon & Kathy ❖Dharma School: Ellicia Milne
12-1 pm DVD Lecture |
| June 4, 11, 18, 25 | Thursdays | 5:30-6:30 pm Vipassana Meditation Sitting
❖Led by Mary Webster - a trained Vipassana meditation teacher
leads the sessions. Come and see for yourself how meditation can
smooth out the wrinkles of our chaotic lives and add depth to your
practice. |

ACTIVITIES AT THE JODO SHINSHU CENTER

LET'S TAKE ADVANTAGE OF OUR JODO SHINSU CENTER IN BERKLEY.
HERE IS A LIST OF SOME VERY INTERESTING WORKSHOPS AND LEARNING SESSIONS AVAILABLE FOR ALL.
GET TOGETHER WITH OTHERS FROM THE TEMPLE OR HEAD DOWN THERE BY YOURSELF.
IT'S A GREAT EXPERIENCE.

JUNE 26-28 (Fri-Sun): PACIFIC SEMINAR 21st CENTURY: "Shinran and His Teachings." - Guest Speaker: Prof. Toshikazu Arai, (author, Grasped By the Buddha's Vow) Presented by the Institute of Buddhist Studies and BCA CBE. Explore the significance of the "Larger Sutra of the Buddha of Immeasurable Life," as discussed in Shinran Shonin's major work, "Kyo-Gyo-Shin-Sho." Other presenters include Dr. Nobuo Haneda (Dharma Breeze), Rev. Dr. David Matsumoto (trans., A Life of Awakening by Takamaro Shigaraki), and Rev. Kodo Umezu (Director, BCA Center for Buddhist Education). Registration: \$175 General, \$125 BCA Members Deadline: June 7. Early Registration Discount: \$25 off if received by May 17. Info online www.cbe-bca.org

JUNE 27 (Sat), 10 am-4pm MUSIC WORKSHOP WITH BJ SORIANO: Gatha Lyric Writing (New!) – Presented at/by Buddhist Church of SF at 1881 Pine St., SF. Co-presented by BCA CBE and others. Learn to write lyrics to a melody. No experience needed! Lunch served. Compose your own lyrics, add a melody and perform! \$15 per person. See more info on 6/25.

JULY 17-19 (Fri-Sun): DHARMA IMMERSION: CROSSING OVER TO BUDDHISM A weekend retreat on Pure Land Buddhism, for those who are coming to Buddhism from other spiritual traditions, as well as long-time seekers. Experience an array of mindful cultural arts and meditation practices at the Jodo Shinshu Center. Details online www.cbe-bca.org

JULY 24-26: COLLEGE YBA: Annual retreat by College Young Buddhist Association at San Luis Obispo Buddhist Church. Visit www.bcayouth.org

AUGUST 3-7 (Mon-Fri): WAKING UP TO THE DHARMA Experience early morning Buddhist practices (chanting, meditation, vegetarian breakfast) with friends and family, under the guidance of seasoned Dharma teachers. Enjoy the rest of the day exploring the San Francisco Bay Area. Stay overnight and experience the Jodo Shinshu Center as a unique, urban Buddhist retreat. More information online www.cbe-bca.org

AUGUST 8-9 (Sat-Sun): HONGWANJI JODO SHINSHU CORRESPONDENCE COURSE WORKSHOP AT JSC (F) A face-to-face learning opportunity for the JSCC correspondence course students. Guest speaker: Dr. Mark Blum (University of Albany). Separate fees apply. Ph: (510) 809-1441 email: kuwahara@cbe-bca.org or Visit <http://jscc.cbe-bca.org/>

AUGUST 14-16 (Fri-Sun): THE ABCs OF DHARMA SCHOOL - Sharing the Path (B) A Seminar for Pre-School to 5th Grade Dharma School Teachers. Guest speaker: Rev. Dr. David Matsumoto. Seminars and interactive sessions on the fundamentals of Shin Buddhism; presentations on lesson plans; and classroom approaches for this age group. Registration online at www.cbe-bca.org Registration Fee: \$125 • Deadline: July 24, 2009 EARLY BIRD Registration fee: \$100 Early Bird Deadline: July 1, 2009

HONGWANJI JODO SHINSHU CORRESPONDENCE COURSE – Enrollment period is open. – A third session of this popular 2-year computer-based correspondence course will begin in September. Coordinated by Rev. Kiyonobu Kuwahara, a team of over a dozen ministers team up to provide a unique educational experience, enabling students to gain a basic knowledge of Jodo Shinshu and Buddhism in general. Go online for schedule, curriculum details and application information: [www.http://jscc.cbe-bca.org](http://jscc.cbe-bca.org) or Ph: (510) 809-1441 or email: kuwahara@cbe-bca.org

Contact at the Center- Yumi Hatta - Program Assistant ph 510-809-1426 fax 510-809-1462

GRAPHIC DESIGN HELP WANTED

J  S  C  C

The Jodo Shinshu Correspondence Course Office is looking for a graphic designer to create a course brochure including original photographs, layout and design.

For project details, please contact: JSCC@cbe-bca.org Selected designer to receive \$500.00

JSCC Office, 2140 Durant Ave. Berkeley, CA 94704 - 510-809-1441

BUDDHISM – CAUSES AND CONDITIONS

Saturday, June 27, 2009

AN AFTERNOON SEMINAR

held at:

Spokane Buddhist Temple

927 South Perry Street

1:00 – 4:00 pm

\$10.00 donation requested



With Bhante Seelawimala, a Theravada monk from Sri Lanka and an Adjunct Professor at the Institute of Buddhist Studies in Berkeley, CA.

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BHANTE WILL ALSO PRESENT
Sunday, June 28 10:30 am Service
PLEASE JOIN US

Spokane Buddhist Temple

927 South Perry Street

www.spokanebuddhisttemple.org

534-7954



The Green Corner

It's hard to believe that it's been one year since past Board president, Liat Parker, commissioned the formation of a Green Committee to assist the Spokane Buddhist Temple in making our Sangha more eco-friendly. So for this month's Green Corner I thought it would be timely to look back on all that we've accomplished in just one year.

One of our main, initial goals (which has been a smashing success) was to build awareness of the recycling bin in the kitchen. We put up signs labeling the recycling bin and what sorts of things should go in it. We've gone from only a few people in the Sangha even knowing that we had a recycling bin to filling it almost weekly with all the appropriate cardboard, paper, glass, jars, and plastics.

Here are some of the other things we have accomplished this year. We have replaced many regular light bulbs with compact fluorescent bulbs. We also continue to be mindful about using the pre-programmed thermostat to regulate the temperature only during the hours that the temple building is in use. We continue to use and wash real plates, cups and silverware for our weekly after service snacks, pancake breakfasts, and other eat-in occasions. For our last 3 food

bazaars we have replaced plastic and Styrofoam to-go containers with biodegradable alternatives. We have also replaced our use of bottled water with a countertop container of filtered water and glasses.

We have held two yard sales, providing individuals an opportunity to give back and recycle, as well as to purchase items "pre-owned" and avoid buying something new. We're beginning to replace regular cleaning products with eco-friendly ones. In addition to the Simple Green that is always there I'm now seeing a "green" dishwashing liquid. It's also very exciting to see the new addition of a composting bucket in the kitchen!

Lastly, we've had one year of The Green Corner article. I've thoroughly enjoyed the opportunity each month to be attentive for topics that hopefully are inspiring, informative and worth sharing. If there are omissions of other changes we have made in the last year, I apologize for that. Maybe a year from now we won't even be able to recognize the changes we've made because they will have become so second nature that we don't think of them as unique. Anything worth practicing starts as a conscious choice and eventually becomes part of who we are.

In the May newsletter, the list for all those who helped make senbei April 3rd & 4th, and the list for everyone who helped out the day of the Spring Food Bazaar, were not submitted in time for the newsletter. Therefore, we offer an apology for not getting this list submitted in a more timely fashion, and would like to acknowledge and sincerely thank everyone who pitched in their time and energy to make one of the biggest Temple fundraisers for the year happen again.

April 3rd & 4th Senbei Making

Jefferson Workman
Colin Fitzgerald
Jun Yugawa
Justin Knoff
Herman
Hyacinth Dezenobia
Anne Paulin
Charlotte Trebilcock
Celeste Sterrett
Danisha Gill
Michael Brady
Karen Vielle
Sam Lowderbach
Martena Peterson
James & Gwen
Iko Terao
Bob Gilles

Spring Food Bazaar April 17th & 18th

Colin Fitzgerald
Steve Kajima
Asha & Patricia Jayasigne
Janet Tamura
Marta Lowenhoff
Martena Peterson
Fumi & Kam Uyeji
Bob Gilles
Ellicia Milne
Tom Hunderson
Aiko Terao
Rachel Scudder
James Boyd
Karen & Paul Vielle
Joane Fister
Janine Kardokus
Celeste Sterrett
Hyacinth Dezenobia
Mary Naber

Donations

Mary Naber
Sam & Karen Gordon
Chris Marr
Dawn Lindblom
Jim & Shirley Bennett
Paul & Karen Vielle
Jen Johnston
Tom Anderson
Celeste Sterrett
Randal Rotowski

In Memory

of Mr. & Mrs. Obo
from Marcelline Burdett
and Janet Tamura
of Mr & Mrs. Sugikowa
from Macelline Burdett
and Fumi & Kam Uyeji
of Tosh Uyeji,
from Kam & Fumi Uyeji
of Kengo Kato
from Mary & Debbie Takami



We Gratefully Acknowledge Membership Dues Received in May

Mary Naber
Jen Johnston
Tom Anderson
Rachel Scudder
Colin Fitzgerald
Leo & Yuriko Kiyohiro
Tina Rodeen
Paul & Karen Vielle
Marissa Carlson
Barbara Braden
Bob Gilles
Jim & Shirley Bennett
Greg & Leanne Sapp
Kiku Terao
Paul Harrison
Kazuko Kuwada

For questions and/or comments regarding membership dues, please contact us by e-mail: spokanebuddhisttemple@gmail.com or leave a phone message at 509-534-7954.

Spokane Buddhist Temple
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Spokane, WA 99202-3462

NONPROFIT ORG
U S POSTAGE
PAID
PERMIT NO 777
SPOKANE WA



MONKEY BRAIN SANDWICH (*SARUSAN*)*

Out of focus
Unaware,
Unenlightened.
No wisdom for me today,
I am no Buddhist, you know.
Only curious to see how you live that way,
...it's OK after all ?

- Marta Lowenhoff

**sarusan- in Japanese literally "Mr Monkey"*

To contribute to the Spokane Buddhist Temple newsletter,
Email content to Todd@HealingPeacefulMusic.com
Deadline is the Saturday before the last Sunday of each month